



# Ballroom Beat

Official Monthly Publication of Piedmont NC USABDA, Chapter 619  
Vol. 9, No 11 November 2002 Marcia Barney, Editor (336) 712-8183  
Send News and Views to the Editor at [PiedmontNCUSABDA@aol.com](mailto:PiedmontNCUSABDA@aol.com)

## Your Pres Says

Members and Dance Friends,  
The Internet can be a wonderful source of information – including a vast amount pertaining to dancing. I often receive requests to investigate a new web site. One of the best web sites is right here in Piedmont NC USABDA. Check it out at [www.ballroom-dancing.org](http://www.ballroom-dancing.org). You can search for a place to dance and places to learn to dance. You can even buy or sell dance attire on our web site. There are many links to other sites that may interest you if you plan to travel and would like to include dancing during your travels.



We have had a great year thanks to many who have worked hard to make it possible. Next year promises to be even better! Make a commitment to be a part of this wonderful organization and help our chapter continue to offer the very best in ballroom dancing!

Remember, when you have a choice of sitting one out or dancing, always choose to dance! Life is too short to miss such an opportunity.

See you dancing on November 10 and 24!

Ellis Pardue

### 2002 and Beyond

- Tea Dance and lesson - Every second Sunday 4:30 –7:00 PM at the Grange in Greensboro
- Tea Dance and Lesson – Every fourth Sunday 5:30 – 8:00 PM Skateland, Clemmons
- December 8 – Christmas Party, the Grange
- December 29 – **Pre-New Years Party**, Officers Installation - 5:30 – 8:00 PM, Skateland, Clemmons, Semi-formal dress
- August 23, 2003 – Showcase of Dancers, Southfork Community Center, Winston-Salem
- September 27, 2003 – Black Tie Dinner/Dance, Benton Convention Center, Winston-Salem

## New Officer to be Elected

November is the month in which we pick our new officers for the coming year. This year we have an outstanding group of nominees for the offices:  
Homer Mason for VP/President-elect  
Edith Laws for Secretary

For our three Directors-at-Large: Max Toney, Ellie Dolata, and Joe Zannini

2002 VP/President-elect Marcia Barney will succeed to President and Treasurer Tim Stinson will serve the second year of his three-year term.

If you cannot attend the November 24 election you may vote by written ballot. Send a note stating your choice for each office to Piedmont NC USABDA, PO Box 24022, Winston-Salem, NC 27114-4022. Be sure to include your name (printed) and USABDA membership number. Sign the ballot, too. If you wish to vote for someone not nominated above, include a signed statement from that person saying he/she will serve in the office if elected thereto.

Elections will be held on November 24 at 7 PM, Skateland USA of Clemmons.

## Notable November Tea Dances

**On November 10** –Grange in Greensboro:  
Tango Lesson – Alonzo Boschult– 4:30-5:00 PM  
General Dancing: 5:00 – 7:00 PM, Lib's music

## November 24 – Holiday Premier Promenade and Officer Elections

Skateland USA, Clemmons  
This one's dressy. Break out your seasonal finery to kick off the 2002 Celebrations  
General Dancing – 5:30 – 8:00 PM-*THE floor*  
Music by Marcia with a seasonal ending

### Inside

- Samba Notes
- Special Dance Spots
- Who are we?
- Congratulations, Winners
- Guests & Membership Application



**Directions to the Grange** from Interstate 40: Take Exit 213 (Guilford College Rd). Go N app. 1 mile, cross Market St. Turn left onto Lindley Rd., Turn rt. onto Guilford School Rd. Grange is on the right.

**Directions to Skateland:** From I-40 on the west side of Winston-Salem take the Clemmons exit. Go south into downtown Clemmons. Turn right onto Cephis Dr. at the "Bronze Plaza" sign beside Dockside Seafood Restaurant. Turn left onto Neudorf Rd. Skateland is just ahead on the right.

Welcome New Member!

**Jerry Evans**, a friend of Martha Plyler and frequent visitor at our dances, joined our chapter as our first dual member.

Welcome Guests

Please come again!

**Paul Beyer**, a friend of Joyce D'Arconte, visited us on October 13.

We were delighted to see **Linda and Larry Jackson** and **Z.I. Strader** back with us on October 13.

Hickory USABDA members who danced with us on October 27 were **Lawanna White** and **Boyce Jones** (at right).

We were delighted to have **Dev Clark, Tom**



**Moran, Jeannie Scott, and Bill and Sheila** (in the mixer line on the right of friend **Ivete Narizzano** in photo at left) **Reeves** with us on October 27.



### Winners from the Southeastern Regional USABDA Championships

Rocky and Mary Lou Troxler brought home five first place trophies from the Southeastern Regional Championships held in Atlanta the last weekend in October. Their first places included Senior II Bronze W/QS and T/FT, Senior II Silver W/QS and T/FT, Senior I Bronze FT/T.

Jonathan Medlin and Lauren Rand also brought home first place trophies as did Jan and Carlie Coats (above right).



## Dancing With Duncan

by  
Glenda MacKeen

*"It is what I've always wanted to do-to show the laughing, the fun, the appetite, all of it through dance."* Martha Graham



Need an idea for a special holiday getaway or a romantic retreat? Each of the following suggestions, within a short drive, offers the chance to dance the night away in elegant ballrooms that serve fabulous meals. It is wonderful to stay at the resort, but you can enjoy their dining and dancing even if you stay off-site. On weekends small combos that "always take special requests" provide the music. Each venue has a wooden dance floor.

*The Regency Room* at the Williamsburg Inn, Williamsburg, VA is one of my favorites. Because it is so popular you may not be able to keep your table for the evening-the dance floor is fabulous! [www.colonialwilliamsburg.org](http://www.colonialwilliamsburg.org) /800-447-8679.

*The Main Dining Room and Slammin' Sammy's* are two dining and dancing areas at The Greenbrier, White Sulphur Springs, WVA.... [www.greenbrier.com](http://www.greenbrier.com) /800-453-4858.

*The Regency Room* at the Hotel Roanoke, Roanoke, VA has a very small dance floor but you may have the space to yourself. Not many people dance-they come more for the food. [www.hotelroanoke.com](http://www.hotelroanoke.com) /800-222-8733

The Homestead in Hot Springs, VA is a smaller setting than The Greenbrier but the *Dining Room* is perfect for a romantic, intimate evening. [www.thehomestead.com](http://www.thehomestead.com) /800-838-1766

At the Pinehurst Resort in Pinehurst, NC, you can plan your evening around your dance card. The wait staff in the *Carolina Dining Room* accommodates your dining schedule to the combo breaks so that you don't miss a beat... [www.pinehurst.com](http://www.pinehurst.com) /800-487-4653

It is best to plan ahead! When you make a dinner reservation, inquire at what time the music begins for dancing, what is proper attire, can you have your table near the dance floor and also if you can have the table for the evening.

Surprise your special dance partner for the holidays! Enjoy a romantic evening away from the hustle and bustle of the season!

Check our fabulous web site: [www.ballroom-dancing.org](http://www.ballroom-dancing.org) for regular dance opportunities. You'll also find reservation forms and other jewels of information on the site.

### More Showcase Stars

Showcase Photographer Randy James has provided us with some more photos that we thought you might like to see.



Jerry and JoAnn Snyder take a bow after dancing a winning (at the Heritage Classic, too!) Waltz.

Jonathan Medlin and Lauren Rand showed why they are one of the top 3 amateur couples in the nation:



In addition to her impressive Paso Doble, Franz Brown entertained us as she and Instructor Sasha Tsygankov danced a Fun Acapulco.



Terry Cash and Instructor Michael Powell are ready to dance a Showcase Samba.

### The Samba

Excerpt from Lesson Notes by Tony Econ, Studio E

Samba was imported from Brazil. In the 1930's Carmen Miranda launched the Samba craze in America. Samba was transformed from a folk dance to a worldwide social and competitive dance by the use of various movements done by regional dancers all over Brazil. There are minor variations in style, but the basic figures and characterization would still be recognizable by dancers from any era.

Samba uses lots of body movement. This energetic dance incorporates three actions: pendulum, rotation, and spring. With the pelvic action the body goes forward and back or side to side with very little or no head movement. Rotation is the turning action. Spring is the settling and rising action that matches the music and is the main feature of Samba.

Samba music has an alternating up and down sound counted 1a2a3a4. "Tico, Tico" is a classic Samba.

#### Footnotes:

In early October Kyle Elliott won first place in North Carolina in Senior Performing Arts. This year he sang "Stout Hearted Man." Next year we hope he'll enter - and win - with a ballroom dance exhibition.



Is Kyle Elliott practicing for the 2003 Senior Games as he dances with Polly Toney on October 13? Will he be singing or dancing? Both?

What **not** to say to your dance partner: "This sure is a long song."

### Who Are We?

Someone asked – stimulating a torrent of information. Quick as a blink out came the data. We're a volunteer organization composed of people who like – even adore – ballroom dancing. We range in age from 13 to 88. Most of us are in the prime of our life ("prime" varies according to the age of the spokesperson, of course). The average height of the men is 5 feet 8 inches, for women 5 feet 4 inches (yes, that includes *Chattie and Betty*). We weigh 5 to 10 pounds more than we would like to, but an equal amount less than the national average for our height and age. ("All that dancing" to non-dancers and "not as much as we'd like to dance" to us.) We've been dancing from 1 month to over 50 years. We're married, single, divorced, widowed, and looking. We're average in appearance except when we're dancing, and then we're beautiful/handsome.



A pause for breath came at about the right time to allow an expansion of the original question: With whom do we dance? We dance with our partners. We dance with other members

and guests who have no partners. We dance with others' partners. On a few occasions we've been seen practicing steps alone in a corner – that's usually a sure way to attract a partner. (Yes, there will be a question on the 2003 questionnaire about partner preference.) Mostly, we dance with those we like and with whom we like to dance.

Many of us started dancing – and continue to dance – because we want to spend more time with our spouse/partner. Dancing exclusively with your partner is not considered anti-social. The few pre-dance Instructors who make the "switch partners" call aren't very persistent about it since enough switching goes on to insure that everyone gets to dance. Members such as Homer Mason and Fran Randolph (*left*) are among the frequent switchers.

In short, we're a group of people who love to dance. We love to Cha Cha, Rumba, Waltz, Tango, Swing, Fox Trot, Samba, Mambo, Jive, Bolero, Quick Step, and Viennese Waltz. Some of us even like to Hustle, West Coast Swing, and Shag.

If you, too, enjoy dancing, we'd be delighted to have *you* at our dances!

Comments encouraged: Do you think dancing with the same partner or with different partners makes you a better dancer? Why? Send comments to your Editor.

Membership Application - Piedmont NC USABDA Chapter #619

New Applicant or  Renewal (Member #(if known) \_\_\_\_\_)

*Please print.*



Name: \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Box & Street: \_\_\_\_\_ City: \_\_\_\_\_

State \_\_\_\_\_ zip \_\_\_\_\_ Home Phone(\_\_\_\_\_) \_\_\_\_\_ e-mail : \_\_\_\_\_

Work Phone(s): (\_\_\_\_\_) \_\_\_\_\_ Occupation(s): \_\_\_\_\_

**Membership Categories**

- Dancing is a purely recreational activity: **Social Dancer** : \$30 \_\_\_\_
- Strives to excel; practices & takes regular lessons: **Ballroom Dancer** \$40 \_\_\_\_
- American or International Style **Competitor**: \$70 \_\_\_\_
- Student** (<34 years old): \$19 \_\_\_\_
- Others** Desiring USABDA MEMBERSHIP: (check category) \$60 \_\_\_\_
- Managers\_\_\_\_; Trainers\_\_\_\_; Officials\_\_\_\_; Associates\_\_\_\_

Make checks to: **USABDA**  
 Mail to:  
 Piedmont NC USABDA  
 PO Box 24022  
 Winston-Salem, NC 27114-4022

I affirm that I am an amateur for whom Ballroom Dancing is strictly an avocation and a recreational activity and/or competitive sport and that I neither seek nor receive personal material gain from dancing.

**Signed:** \_\_\_\_\_

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Special Invitations:

**Triangle USABDA** is hosting a one-day workshop on November 9. For details, contact Kyle Ross at [kyle\\_ross@mindspring.com](mailto:kyle_ross@mindspring.com) or check [www.ipass.net~bingham/workshop.html](http://www.ipass.net~bingham/workshop.html).

**Mtn. Empire USABDA's** November dance will be on November 30 at Wytheville Community Center. Info: 276-783-5402, 276-783-5349.

**Biltmore DanceSport** in High Point will hold their annual Black Tie Dinner and Dance on Saturday, December 14. Cost: \$25. Res: 336-841-3939.

A **USABDA Chapter** is forming in West End near Southern Pines. Dances on Nov. 9, Nov. 23, and Dec. 14. Info: Carolyn Flinchum @ 910-692-6537  
Roanoke Valley USABDA is having a Showcase and Member Appreciation Dance on November 16. Call Liz Becker at 540-772-4388 for info.

Notes of Appreciation:

- Ø To Jim Brady (*right*) for the very informative and enjoyable Fox Trot lesson on October 13.



- Ø To Tony Econ (*left with Barbara Colbert*) for the fun Samba lesson on October 27.

Ø To

Program Chair Chattie Byrd, Columnist Glenda MacKeen and Tony Econ, Grange DJ/Hostess Lib Johnson, Webmaster John Clark, Membership Chair Barbara Colbert, Henry James, and First Lady Marilee Pardue for doing what you do so well.

- Ø To Hubert Barney for photos, voice, proofreading and everything else benefiting from his special touch.
- Ø To Showcase photographer Randy James for the Showcase photos.
- Ø To Lucy Chambers, Henry James, Max & Polly Toney, Barbara Colbert, Bill & Cinda Wall, Dot & Homer Mason, Bob & Lib Johnson, Ellie and Joe Dolata, Ellis and Marilee Pardue, Martha Plyler, Will & Gingi Parker, and the Barneys for the tasty treats at our Tea Dances.
- Ø To Homer Mason and Trudy Atkins for the news tips about a potential new chapter in West End and Competition results.

## Hear Ye, Hear Ye!

Be sure to attend the November 24 **Holiday Premier Promenade** and **Officer Elections**. Let's get our new officers off to a great year with an encouraging show of support! Even if it is an uncontested election, your vote is important.

We promise that you'll also go away with enough good cheer to get your holiday season off to a rousing start!