



Ballroom Beat

Official Monthly Publication of Piedmont NC USABDA, Chapter 619
Vol. 10, No 1 January 2003 Hubert Barney, Editor (336) 712-8183
Send News and Views to the Editor at PiedmontNCUSABDA@aol.com

We Promote Ballroom Dancing

Your Pres Says

Fellow Dancers,

The purpose of our chapter is to promote ballroom dancing in Piedmont North Carolina. Ballroom dancing is a wonderful way to improve our mental and physical health while engaged in a delightful activity.

We can achieve this purpose by spreading the word about ballroom dancing and by improving our skills through practice and learning.

Spreading the word is as simple as encouraging someone to take that first lesson. Most instructors offer an introductory lesson very inexpensively. Most of us know others who "would love to learn to dance" and just need a nudge to get them going. Talk about dancing to friends, associates, even casual acquaintances – you could pique someone's curiosity and motivate them to "try it." Word of mouth is the best advertising, so share your secret to health and happiness!

The other part of promoting ballroom dancing is improving ourselves. Attend dances and practice – for the fun of it, too! We have 2 dances per month – just be there! There are numerous other dances in our communities that welcome guests – attend, then join those you enjoy. Take lessons at every opportunity. There are many competent, qualified instructors in our communities – find one who fits your personality, lifestyle, and budget.

Check our fabulous web site at www.ballroom-dancing.org for information about places to dance and dance instructors. If you aren't a web surfer, call me for a list.

At our Early New Year's Party on December 28, 2003 let's dance better with both new and old friends!

See you on January 12 and 26!

Marcia Barney



Your Pres Said

During 2002 President Ellis Pardue said many inspiring and motivating things to "Members and Dance Friends." He encouraged us to attend Tea Dances, workshops, special events, and to participate in our annual Showcase of Dancers.

During the year we sponsored, with several local dance studios, beginner ballroom dance lessons. We held demonstrations in 2 area malls. We published a monthly newsletter and developed an outstanding web site. Our monthly tea dances continued to grow and improve.

Many Board members contributed significantly to our success during the past year: Trudy Atkins, Hubert Barney, Marcia Barney, Chattie Byrd, Barbara Colbert, Fran Randolph, Lib Johnson, Homer Mason, Marliee Pardue, Martha Plyler, Tim Stinson, Max Toney, and Don Wolff. A resounding "Thank You" to them.

The biggest "Thank You" goes to President Ellis whose pleasant demeanor, gentle nature, and love of dance made each of our events not only successful, but also enjoyable.

January Tea Dances

January 12 – The Grange, Greensboro

January 26 – Skateland, Clemmons

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January Dances

On January 12 –Grange in Greensboro:

Lesson: 4:30 – 5 PM Salsa – Barry & Dana Dalton
General Dancing 5 – 7 PM
Hosting: Wes & Lynette Smitherman
Music: Lib Johnson

January 26 – Skateland USA of Clemmons

Lesson: 5:30 –6 PM Viennese Waltz – Tony & Joan Econ
General Dancing – 6 – 8 PM
Hosting: Max & Polly Toney
Music: Hubert Barney & the Phantom DJ

Directions to the Grange from Interstate 40: Take Exit 213 (Guilford College Rd). Go N app. 1 mile, cross Market St. Turn left onto Lindley Rd., Turn rt. onto Guilford School Rd. Grange is on the right.

Directions to Skateland: From I-40 on the west side of Winston-Salem take the Clemmons exit. Go south into downtown Clemmons. Turn right onto Cephis Dr. at the “Bronze Plaza” sign beside Docksie Seafood Restaurant. Turn left onto Neudorf Rd. Skateland is just ahead on the right.

Welcome New Members

Bonnie and Lindsay Leonard (right on either side of their instructor Jimmy Satterwhite), sponsored by Duncan and Glenda MacKeen, are our newest ballroom dancers.



Welcome Guests

Please come again!



Bill Caspary (Left with Fran Randolph) visited us again on December 10. Bill is a USABDA member in Chapel Hill.

David Hill, another visiting USABDA member, also attended on December 10.

Melanie Ondich, a friend from Mt. Empire USABDA visited us on December 29.

Former members **Blucher and Frances Taylor** attended on December 29.

We were delighted to have frequent visitors **Tom & Grace Moran, James Andrews, John Dorosk,** and **Becky White** with us on December 29!

Martha (in rt. column photo with Richard Vitek) and **Jack Bolton** returned on December 29 after too long an absence.

David Idol came as Emmy Bagwell’s guest on December 29.

Richard Vitek (rt. with Martha Bolton) came as Kate Reidenback’s guest on December 29.



Donna & Hewon Han, Steve & Tina Underwood, and **Gene & Bob Rauch** came as Max and Polly Toney’s guests on December 29.

2003

Tea Dance and lesson - Every second Sunday 4:30 –7:00 PM at the Grange in Greensboro

Tea Dance and Lesson – Every fourth (except November) Sunday 5:30 – 8:00 PM, Skateland, Clemmons

August 23 – Showcase of Dancers, Southfork Community Center, Winston-Salem

September 27 – Black Tie Dinner/Dance, Benton Convention Center

November 30 – Holiday Premier Promenade, Skateland USA of Clemmons

December 28 – Early New Year’s Party and Officer Installation, Skateland

Dance Truisms

A new column to which you are invited to contribute (with appropriate recognition, of course, we like to give credit to the guilty).

- Ø All things are possible – except skiing through a revolving door or doing a back spot turn with a partner who has big feet.
- Ø To dance backward you must have hindsight.
- Ø It is better to have danced and lost than never to have danced at all.
- Ø Great dance leads always prevail – three times out of seven.
- Ø Any great dance step, however simple, if looked at exactly the right way, will become complicated.
- Ø Inspiration always strikes when your partner is distracted.
- Ø The difficulty in understanding a lead is directly proportional to the importance of the consequences of not following it.
- Ø Good dancing is more noticeable than bad, except to the dance partner.



It Is In the Music

Most of us have (*like Jim & Ann Astin left*) attended a dance at which the music was

wonderful – easy to follow and just to our liking. We have, unfortunately probably also attended dances at which we wanted desperately to burn the DJ's CDs to get them out of their misery. Sometimes the feeling is caused by individual taste in music. Perhaps you are a great fan of the Hot Latin beat tempered by frequent Waltzes and Tangos, but the DJ loved Boleros and Fox Trots. Maybe you are hearing impaired from too much loud, hot Latin while the DJ loved the vocals with subtle beats. However, usually when those who are accustomed to dancing to ballroom dance music – both smooth and Latin – of the correct tempo find themselves sitting out too many of the dances, the problem is probably the tempo of the music.

We are fortunate to have a Music Chair – Will Parker – who will keep an ear on USABDA music to insure that proper tempo is maintained. Too many times wanta-be dancers try to serve as DJs for a ballroom dance. They hear a song that sounds vaguely like a Waltz and declare it a waltz. Band leaders may be good musicians, but some have no clue about dance tempo. Using a great deal of tact and diplomacy, give them the following tempo list and perhaps save yourself some sitting time at the next dance.

Dance	Tempo (measures per min)	
	American	International
Waltz	29-32*	28-29*
Tango	31	32
Foxtrot	29-32*	28-29*
Viennese Waltz	53	58
Quickstep	-	50
Cha Cha	30-31	31.5
Rumba	29-32*	25-27*
Samba	50-52	50
Swing –EC	34-35	-
Bolero	24	-
Jive	-	42-44
Mambo	47	-
Salsa	47	-
Merengue	30	-
WCSwing	28-29.5	-
Hustle	29.5-30.5	-
Paso Doble	60	60
Peabody	58-60	-

*Professionals and advanced amateurs use the slower tempo of these dances.

Meet Your New Board

Our Chapter has many events planned for 2003 as well as increasing member service and communications. Those who will be our leaders for this year are:

President Marcia Barney
 Vice-Pres./President-elect Homer Mason
 Secretary Edith Laws
 Treasurer Tim Stinson
 Directors: Ellie Dolata, Max Toney, Joe Zannini
 Immediate Past President Ellis Pardue
 Newsletter Editor Hubert Barney
 Program Chair Chattie Byrd
 Membership Chair Robert Brown
 Music Chair Will Parker
 Advisory Chair Martha Plyler
 Promotions Chair Joe and Ellie Dolata
 Special Projects Trudy Atkins
 Long Range Planning Joe Zannini
 Publicity May Martin
 Youth Chair Ellis and Marilee Pardue
 Black Tie Max & Polly Toney
 Decorations Yvette Zannini
 Charity Ball Rockie & Mary Lou Troxler
 InterChapter Relations Homer Mason

If you are interested in helping with any of these committees, contact the chair or Marcia (712-8183 or PiedmontNCUSABDA@aol.com).

Board members kneeling Edith, Ellie, Marcia, Max, Polly. Behind: Joe D., Yvette, Joe Z., Robert, Chattie, Trudy, Mary Lou, Rockie, Homer



Dance is a 5-letter word..

Check our wonderful web site: www.ballroom-dancing.org for regular dance opportunities.

Piedmont NC USABDA
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Clemmons, NC 27012



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Special Invitations:

Mtn. Empire USABDA's January dance will be on January 18 at Wytheville Community Center. The Waltz Lesson by Wayne & Marie Crowder is at 7:30, dancing from 8:30 – 11 PM. Info: 276-783-5402, 276-783-5349.

The Pandora Dance Club will meet on January 25 at Rascal's in Kingsport, Tenn. Bill Gamble's Combo will provide the music. For information call Alice & Jim Andrews at (828) 297-3560.

Lib Johnson, Linda Maier, Dot & Homer Mason, Ellis & Marilee Pardue, Rocky & Mary Lou Troxler, Cinda & Bill Wall, Barbara Colbert, Michelle Darnley, Travis & Linda Jackson, Sue & Randy James, Duncan & Glenda MacKeen, Fran Randolph, Max & Polly Toney, and the Barneys for the tasty treats at our Tea Dances.

- ∅ To all who brought food for the Food Bank in Greensboro and in Winston-Salem a hearty Thank You!

Notes of Appreciation:

- ∅ To Bill and Carol Bryant (right) for the fabulous hosting of our



- Early New Year's Dance on December 29.
- ∅ To Lib Johnson for Music and hosting (assisted by Karen and Robert Fogleman) at our Christmas Dance on December 8.
- ∅ To December 8 Receptionist Marilee Pardue.
- ∅ To Marcia Barney for voice, proofreading and help with the music.
- ∅ To Jim & Ann Astin, Trudy Atkins, Ellie & Joe Dolata, Robert & Karen Fogleman, Bob &

Hear Ye, Hear Ye!

Our annual Questionnaire to determine member's interests will be included in the February "Ballroom Beat." If there's an "issue" you'd like included in the survey, please send it to your Editor or your President by January 20.

Should there be a question about weather affecting our dances, an e-mail will be sent to all on our distribution list from Marcia at PiedmontNCUSABDA@aol.com. If you are not on the e-mail distribution, but would like to be, send your e-mail address to her at PiedmontNCUSABDA@aol.com. If you are not a web surfer, call her at 712-8183 for information.

Articles from members are welcomed. We'd love to hear your opinions. Send them to your editor.