



Ballroom Beat

Official Monthly Publication of Piedmont NC USABDA, Chapter 619
Vol. 10, No 9 September 2003 Hubert Barney, Editor (336) 712-8183
Send News and Views to the Editor at PiedmontNCUSABDA@aol.com

We Promote Ballroom Dancing

Your Pres Says

Fellow Dancers,

August proved to be an august month with a highly successful music seminar and a delightful Showcase of Dancers.

September offers more promise with our National Ballroom Dance Week Activities and Black Tie Dinner Dance.

This is a terrific month to introduce someone to the wonderful world of dancing. Invite that potential dancer to try our Beginner Lesson series. If they're hesitant about dancing with strangers, encourage them to call your instructor and set up a private lesson.

For dancers who have not yet attended a USABDA event, encourage them to attend the Black Tie Dinner Dance and see us in our finest – which might also make us dance our best.

The Beginners Ball is not just for beginners, and would be a wonderful time to get reluctant dancers as well as the novices to join the fun.

Let's dance in September – on the 14th, 27th, and 28th as well as all other opportunities!

Marcia Barney



President's Salute for August

To Henry James (right) for:

- Ø Being there to assist before, during and even after the party is over.
- Ø Having a receptive attitude about learning as well as contributing to promoting ballroom dancing.



Ballroom Dance Week

Mayor Allen Joines of Winston-Salem, Mayor Keith Holliday of Greensboro, and Mayor Arnold Koonce of High Point have each declared the fourth week of September *Ballroom Dance Week* in their respective cities. We have planned a number of activities to insure that the citizens of these and surrounding communities benefit from the declarations.

On Monday, September 22 through Thursday, September 25 we will be offering beginner ballroom dance lessons. For the convenience of attendees, lessons will be conducted simultaneously in Winston-Salem and in Greensboro/High Point. On Sunday, September 28 everyone will get together for a Beginners Ball at Skateland in Clemmons. Tickets can be shared: 2 lessons taken on one night by two different people, for example.

This is a great opportunity for someone to get a taste of ballroom dancing. Tickets for the Beginner Lessons – 5 lessons and a dance – are \$25 each and can be ordered by using the enclosed form. Additional Ball Tickets are \$5.

Black Tie Dinner and Dance

This year an outstanding orchestra, Leon Jordan and His Continentals, will keep us dancing at our September 27 Black Tie Dinner and Dance. Be sure you're there to enjoy the marvelous evening! Reservation forms are inside.

Inside

- Black Tie Reservation Information
- New Members & Guests
- Notes of Appreciation
- Tea Dance Information
- Beginner Lesson Flyer



September Tea Dances

September 14 – The Grange, Greensboro
Mambo Lesson by Tom Patillo at 4:30 PM
5-7 PM Dance to Music by Lib and Bob Johnson
Hosts: Cinda and Bill Wall

September 28 – Skateland, Clemmons
Swing Lesson by Wayne and Marie Crowder
Lesson - 5:30 PM Dance 6 – 8 PM
Music by Hubert Barney

Directions to the Grange from Interstate 40: Take Exit 213 (Guilford College Rd). Go N app. 1 mile, cross Market St. Turn left onto Lindley Rd., Turn rt. onto Guilford School Rd. Grange is on the right.
Directions to Skateland: From I-40 on the west side of Winston-Salem take the Clemmons exit. Go south into downtown Clemmons. Turn right onto Cephis Dr. at the "Bronze Plaza" sign beside Dockside Seafood Restaurant. Turn left onto Neudorf Rd. Skateland is just ahead on the right.

Welcome New Members:

Bonnie Hicks, (right) a new dancer, joined us on August 24.



Wanda Wiehe (left), a swing dancer who has decided to try ballroom dancing, also joined us on August 24.



Allen Berryhill, (rt. with Lynn Messick) a well-known dance instructor who makes learning to dance fun and owner of Studio One, joined us on August 24. Allen will also be teaching Fox Trot on September 23 in our National Ballroom Dance Week Series.



Welcome Guests

Bill Caspary, a USABDA member from the Triange Area, visited us on August 10.

Darin Jenkins (left with Karen Fogleman) and



Stephanie Pritchett, visited us for the first time on August 10 as a guest of Robert and Karen Fogleman. We were delighted to see **Adina Harper** again on August 10.

Susan Gibas, (with Feliciano below rt.) from Wytheville USABDA, visited us for our Music Seminar and for our Tea Dance on August 24.

Feliciano Jusay, (rt. with Susan) also from Wytheville USABDA, also visited us on August 21 and August 24.



Sandra Collins, a student in our Salsa Class that just ended, visited on August 24.

Nancy Baldwin, visited for the first time on August 24.

Anne Boone, a member of Miller Park Dance Club, came to our music seminar and to our August 24 dance.

2003 Calendar

Tea Dance and lesson - Every second Sunday
4:30 – 7:00 PM at the Grange in Greensboro
Tea Dance and Lesson – Every fourth (except
November) Sunday 5:30 – 8:00 PM,
Skateland, Clemmons
September 19-28–National Ballroom Dance Week
Sept. 22, 23, 24, 25 – Introductory Ballroom
Dance Lessons
September 27 – Black Tie Dinner/Dance,
Benton Convention Center, WS
September 28 – Beginners/Newcomers Ball
October 26 – President's Day
November 30 – Holiday Premier Promenade,
Officer Elections
December 14 – Christmas Party
December 28 – Early New Year's Party and
Officer Installation, Skateland

Dance Truisms

- Never underestimate the power to change yourself; never overestimate the power to change your partner.
- Once you have learned to dance, you will have learned to live.
- You always dance better when you're wearing a smile.
- No step or figure is so hard that you can't make it easier by the way you approach it.
- To dance you must have legs...to dance well you must have heart.
- To dance your best you have to go a little beserk.

The Music Seminar

Our August 21 Music Seminar was a great success thanks to Peter Collins, Musicologist, Champion Dancer, and studio owner. The correct tempo for ballroom dances was part of the presentation. The tempo for a few of the dances has increased in the past year. Numbers are in measures per minute (mpm):

<u>Dance</u>	<u>American</u>	<u>International</u>
Waltz	28-32*	28-30*
Tango	30-32*	32
Viennese Waltz	54	56-58
Foxtrot	30-34*	28
Quickstep		50-52
Cha Cha	30	31
Samba	52	48-50*
Rumba	32-36*	26-27*
Paso Doble	58-60	60-62
Jive		44-46*
Bolero	24-26*	
Mambo	47-51*	
Merengue	29-32	
Swing	34-36	
West Coast Swing	28-32	
Polka	60-62	
Hustle	28-30	

*The slower tempo is for the more advanced dancer.

Peter also gave us a method for determining the tempo of a piece: Start a stopwatch on beat #1 of measure #1 and stop the stopwatch on beat #1 of measure #11. You will have timed exactly 10 measures of music. Divide this number into 600 and you will have the mpm for that song. (For example for a good American Cha Cha the stopwatch should show 20 seconds.) For very fast numbers like Mambo or Viennese Waltz, try timing for 20 measures and dividing the time into 1200.

Several of the 37 attendees DJ for ballroom dances in our area, so expect even better dance music in the future! (*Jim Astin, rt. with Cinda Wall, was among those who came to learn more about dance music.*)



Music Library

Thanks to a grant from the Winston-Salem Foundation, Piedmont USABDA has started a music library. The music is housed at the Clemmons Library. At right



President presents the first set to Library Manager Carolyn Price (*rt.*) as Betty Gray Davis (*center*) from the Winston-Salem Foundation looks on. So far 50 ballroom dance music compact discs have been presented to the library. The first 25 of these have completed the journey through technical services and are available for checkout.

Additional CDs will be added in September and October.

Showcase 2003

Our Showcase 2003 was a huge success due to the wonderful dancing by members from Biltmore DanceSport (*Heather Baldwin and*



Michael Powell at left), Fred Astaire of Greensboro, and Wayne and Marie (below with Norman

Lee) Crowder and their students. (Brooke Williams and Reeves



Anderson above right.)

Check out other photos of the performers on www.ballroom-dancing.org.



Check our wonderful – and newly updated – web site: www.ballroom-dancing.org for regular dance opportunities. If you have high-speed Internet connection, your ears will be pleased too.

Special Invitations:

Fund Raiser for Champions: On Friday, Sept. 12, 8:30 – 10:30 at Biltmore DanceSport in High Point for US Amateur Smooth Champions



Jonathan Medlin and Lauren Rand (above at our 2002 Showcase of Dancers – photo by Randy James). Includes performance by Jonathan and Lauren. Admission \$8, \$5 students. 336-841-3939.

Covered Dish Dinner Dance & Show: Friday, September 26, Biltmore DanceSport, 8:30 – 10:30. Admission \$8, \$5 for students. 336-841-3939.

New Dance Class Series: A new 12-week dance class series will be starting at South Fork

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Community Center on Wednesday Sept. 24 and Thursday, Sept. 25. Instructor Allen Berryhill. Call 659-4305 for details.

USABDA Sanctioned Dance Cruise: Contests, Dance Parties, competitions, talent shows, workshops featuring Gary & Carol Stroick. Sail from Miami to Jamaica, Grand Cayman, and Mexico. Call 800-591-1868 for details.

Dance Ambassadors of Good Will to Russia: Leave New York City on Nov. 5 and return Nov. 19, 2003. Stay with dance host families in Moscow and Rostov-on-Don. Contact Marilyn Olen at 303-384-4240 or e-mail castleolen@yahoo.com for details.

USABDA Dance Camp Workshop: Saturday, December 27 through 31, 2003. Over 50 workshops, dinner dances nightly including New Years Eve Dance. Contact Jim McCown at social-vp@usabda.org for details.

Beginner Waltz Class – 6 Tuesdays for \$30, Nathan Foreman Instructor, USABDA Sponsored, Call Ellis Pardue @ 760-3404 or see website.

Get Involved Opportunities

- The Greensboro Jaycees have agreed to allow Piedmont USABDA to use their Greene Street building for dance classes if we will help them with administrative details during the GGO months of August, September, and October. To volunteer a few daytime hours call Trudy Atkins at 454-3516 (daytime).



Joe Dolata (above with dancing with Kathy Marino at a recent Tea Dance) has volunteered numerous enjoyable hours at the Jaycee Office.

- Hosts for our monthly Tea Dances – call Lynette Smitherman at 454-3378 for 2nd Sunday or Michelle Darnley (right with Wayne Crowder before their Tango at Showcase 2003) at 595-8317 for 4th Sunday.



- Assistance with decorating for the Black Tie (decorate the morning of September 27). Call Marcia @712 -8183 or Max @945-4260.



Give It A Whirl

Piedmont NC United States Amateur Ballroom Dancers' Annual

Black Tie Dinner/Dance

Saturday
September 27, 2003

6:30 – 7:00 PM Latin Cocktail Dance and Reception

7:00 – 11:00 PM Dinner and Dance

Benton Convention Center

301 W. Fifth Street, Winston-Salem, NC

Huge wooden dance floor

Music by Leon Jordan and His

Continental Orchestra

Dress: Formal

Cost: \$40 per person



Out of town guest rooms available at Adams Mark Hotel adjoining Convention Center.

Directions to Benton Convention Center: From Interstate 40 take Exit 188 to Business 40 East. Exit at the Cherry Street Exit to W. Fifth St., turn left. Benton Convention Center is on the right. Parking deck on the left has a covered walkway to the Center. Inquiries: Max or Polly Toney @336-945-4260 or mpollytoney@att.net

-----Reservation Form (please print)-----

Name(s): _____

Phone #: _____ e-mail address: _____

Number of Reservations _____ x \$40 = _____

All reservations must be received by September 20

Seating Preferences (School, Instructor, Club, or person(s), for example): _____

Tables seat 8, whole table reservations welcome.

Make checks to: Piedmont NC USABDA
Mail to: Max Toney
1455 Shangri-La Drive
Lewisville, NC 27023

Notes of Appreciation:

- Ø To Lynette and Wes Smitherman for hosting our August 10 Tea Dance.



- Ø To Ellis Pardue, Will Parker, and Hubert Barney for their help with the music seminar.



- Ø To Jim Brady (above left) for the fabulous Foxtrot/Quickstep lesson on August 10. Jim will be one of the Instructors for our National Ballroom Dance week Beginner Lessons on September 22-25.

- Ø To DJs, Bob & Lib Johnson on August 10 and Hubert Barney on August 24 for the moving music.

- Ø To Marilee Pardue, our smiling August 10 receptionist.

- Ø To Allen Berryhill for the wonderful West Coast Swing lesson on August 24.

- Ø To Marcia Barney for voice, proofreading and help with the music.

- Ø To our superb Web Master John Clark – when John plays we even sound better.

- Ø To Bob McHone for arranging the radio talk show for our Music Seminar. To Bob and to May Neal for the outstanding newspaper coverage of the music library and the seminar.

- Ø To Dot and Homer Mason for taking good care of our Video Library and name tags and to Wes and Lynette Smitherman for helping.

- Ø To Jim & Ann Astin, Trudy Atkins, Franzi Brown, Wes and Lynette Smitherman, Bill and Cinda Wall, Ellis and Marilee Pardue, Dot and Homer Mason, Travis and Linda Jackson, Robert and Karen Fogleman, Joe Lira, Maril Longinotti (even though she couldn't make it to the Dance), Margaret Norton, Will and Gingi Parker, and the Barneys for the tasty Tea Dance treats.

- Ø To Karen Fogleman, Dot Mason, Emmy Bagwell, Marilee Pardue, Lucy Chambers, Franzi Brown (left with her Instructor Sasha Tsygankov), Trudy Atkins, Joe Lira, Edith Laws, and the Barneys for the Showcase refreshments.

- Ø To Showcase Committee Emmy Bagwell, Edith Laws, Sally Wiese, Henry James, May Neal, Max and Polly Toney, Marilee Pardue, and the Barneys.

- Ø To all members who bring a positive, enthusiastic attitude to our dances and leave with a big smile, a warm glow and tired feet.

Hear Ye, Hear Ye!

New Videos coming on September 28: "American Style Dancing – Intermediate Waltz" with David and Carrie Kloss and "American Style Samba" with Ron Montez. From Dance Vision.

Introduce a friend or friends to ballroom dancing during ballroom dance week. Use the form inside to order tickets or pass it along to someone who does not yet dance.

Make your reservations for the September 27 **Black Tie Dinner and Dance** early – form inside and on www.ballroom-dancing.org.

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