



Ballroom Beat

Official Monthly Publication of Piedmont NC USABDA, Chapter 619
Vol. 11, No 1 – January 2004 Marcia Barney, Editor (336) 712-8183
Send news and views to PiedmontNCUSABDA@aol.com

~~We Promote Ballroom Dancing~~

Your Pres Says

Fellow Dancers,

Piedmont USABDA has just finished an outstanding year. Our officers, Board members and members have worked together to make our many activities successful while greatly increasing our membership. We owe them a well-deserved Thank You.

As we start the New Year we are challenged to continue our success. Some of my goals are to help our new members feel welcome and a part of USABDA, to help develop new leaders for our future growth, and to help everyone feel part of a warm and friendly chapter.

Come dance with us!

Homer Mason



Your Pres Said

Fellow Dancers,

2003 was a very good year thanks to the dozens of dancers who brought a positive attitude and a love of dance to our many events and activities. Some of the major accomplishments during the year:

- Ø "Dance for Life" Charity Ball that raised over \$3,000 for the American Cancer Society
- Ø A "Showcase of Dancers" at which both amateur and professional members exhibited their abundant talents
- Ø A Music Seminar that promoted understanding of ballroom dance music
- Ø Workshops for beginning and advanced dancers offered by members for members
- Ø Grants were obtained to place ballroom dance music in both Forsyth and Guilford County Libraries.
- Ø USABDA's Video library tripled with videos for all level of dance abilities
- Ø A 52.3% increase in membership during the year
- Ø An exceptional Black Tie Dinner Dance
- Ø Professionally instructed continuous Beginner Ballroom Dance Classes
- Ø Continuous recognition as a quality Chapter by National USABDA
- Ø A National Ballroom Dance Week Program that introduced 25 new people to ballroom dancing of which 12 are still dancing regularly with us

Our purpose in 2003 was to promote ballroom dancing. Thanks to our amateur and our professional members for your wonderful attitude and ceaseless efforts that made 2003 an overwhelming success!

Let's keep the momentum going and make 2004 even better!

Marcia Barney

January Tea Dances

January 11 – The Grange, Greensboro
4:30 Lesson – Waltz –Alonzo Boschultz
Dance 5-7 Music: Johnsons Hosts: Dolatas

January 25 – Skateland in Clemmons
Lesson 5:30 PM by Nathan Foreman Dance 6-8
Music: The Barneys Host: Edith Laws

President's Salute for December

To **Hubert Barney** (right) for:

- Ø A superb job as Bulletin Editor, Parliamentarian, National Ballroom Dance Week Chair, 4th Sunday DJ, and Lighting Engineer.
- Ø Always being there to encourage and assist.



Directions to the Grange from Interstate 40: Take Exit 213 (Guilford College Rd). Go N app. 1 mile, cross Market St. Turn left onto Lindley Rd., Turn rt. onto Guilford School Rd. Grange is on the right.
Directions to Skateland: From I-40 on the west side of Winston-Salem take the Clemmons exit. Go south into downtown Clemmons. Turn right onto Cephis Dr. at the "Bronze Plaza" sign beside Dockside Seafood Restaurant. Turn left onto Neudorf Rd. Skateland is just ahead on the right.

Welcome New Members:

Gail Church joined us in December.
Monroe Dalton, a former USABDA member and a friend of Kate Reidenback, came back in December.
Marie Mitchell (rt. with visitor **Fred Nickells**), a partner in our second-most-recent-newlywed couple transferred her USABDA membership from Richmond to Piedmont in December.



Welcome Guests

Please come again!



Meribeth Dayme (left with **Ernest Galloway**), sister of newlywed Suzanne Nohlgren Hill, visited on December 14.
Fred Nickells (above with Marie Mitchell) came to

our Early New Year's Party as a guest of Virginia Miner.

Dan (rt. with **Natasha Nimmons**) and **Claudia Sortwell**, friends of the Barneys and the Schankers,



visited on December 28.



Myra and Denny Cox (left), friends of Carol and Bill Bryant, visited our Early New Year's Party.

New Editor for 2004

After an outstanding year Editor Hubert Barney has decided to pass the mantel of Editor of "Ballroom Beat" to a worthy successor. Trudy Atkins, publisher of The New Homes Guide, will

assume the role after this "interim editor" issue. Trudy has been in the publishing business for a number of years and has been a member of USABDA since January of 1997. She is a former Director-at-Large and Special Projects Chair. She is Vice-President/President elect in 2004. Director-at-Large Ellie Dolata will assist Trudy with distribution of the bulletin.

2004 Calendar

Tea Dance and lesson - Every second Sunday
 4:30 –7:00 PM at the Grange in Greensboro
 Tea Dance and Lesson – Every fourth (except February) Sunday 5:30 – 8:00 PM,
 Skateland, Clemmons
 January 13 – February 17 – West Coast Swing
 Lessons each Tuesday
 February 29 – Leap Year Ball, 5:30 – 8 PM,
 Skateland
 May 8 – Showcase of Dancers, South Fork
 Recreation Center, Winston-Salem
 August 14 – Black Tie Dinner and Dance
 Benton Convention Center, Winston-Salem
 September 17–26–National Ballroom Dance Wk.
 September 26 – Beginners Ball, Skateland
 November 28 – Holiday Premier Promenade
 December 12 – Christmas Party, Grange
 December 26 – Early New Year's Party and
 Officer Installation, Skateland

Dance Truisms

- You can't turn back the clock, but you can wind it up again: dance!
- To talk about dancing is to waste precious music.
- The imagination equips us to see a reality we have yet to dance.
- Everyone is a dancer. The only difference is that some of us are in training, and some are not.
- To dance you must have legs. To dance well you must have heart.
- There is no last dance.
- Every change does not improve your dancing, but every improvement is by change.
- Chance favors the prepared dancer.
- Every great dance must be the product of enthusiasm.
- Those who laugh last.
- Dance partners have one thing in common – they are all different.
- The best dance partners are those who make us feel good about ourselves.
- Dancing is like a grammar lesson: You find the present tense and the past perfect.
- Treat your partner as you do your pictures – place them in the best light.

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Teaching the World to Dance

West Coast Swing Lessons

On Tuesday, January 13, a six-week West Coast Swing Class will begin at Gold's Gym on Jonestown Road. The cost of the class is \$30 per person. Alonzo Boschultz of Fred Astaire of Winston-Salem will be the instructor. This is a continuation of our beginner dance series.



Reservation forms are on www.ballroom-dancing.org or call Ellis Pardue (*above with Marilee*) at 760-3404 to register.

Check These Out

Ballroom dance music will soon be available in both the Forsyth County and the Guilford Country Public Libraries. So far 100 ballroom dance CDs have been presented to the Clemmons Public Library. These CDs can be checked out by anyone who has a Forsyth County Public Library Card. You do not have to be a resident of the county to get a library card; residents of several neighboring counties are eligible for the cards.

In December Trudy Atkins procured a grant for \$500 to purchase ballroom dance CDs to be placed in the main branch of the Greensboro Public Library. These CDs should be available to the public early in 2004.

It Takes One To Dance

Sure it's more fun to dance with a partner and it makes a much better impression socially, but there are times when one just *needs* to dance alone.

As has been pointed out by those who know, we should be able to do our figures (or steps) individually before we do them with a partner. Notice how your instructor teaches a step: to each partner, then together. Imagine how much better an entire routine would be if it were practiced regularly in a similar manner.

Dancing is a great physical and mental exercise that can turn a dreaded task into a fun fitness frolic. When you feel stressed out or just tired and still have to cook dinner or clean the house put on some moving cha cha music and turn on a smile. Get that Latin motion going and move to the music for a marvelous mood enhancer and maybe some real improvement. Waltz from room to room as you pickup or dust.

Footnotes...

Suzanne Nohlgren and David Hill (*rt.*) are our newest newlyweds. December 20 was the happy date.

Oops...Last month we said Jim and Ann Astin celebrated their 45th Anniversary with us – actually, it is was their 47th.



Special Invitations:

Mtn. Empire USABDA, Wytheville, Va. January 17, Rumba Class with Russ Painter from 7:30 – 8:30, Dance 8:30 - 11:30 PM. Directions and info: (276) 783-5402 or 783-5349.

Don't overlook local dance clubs. There are several nonprofit community clubs in the Piedmont area.

Check www.ballroom-dancing.org for a listing of places to dance and places to take lessons.

Notes of Appreciation:

Ø To 2003 Board Members Homer Mason, Edith Laws, Tim Stinson, Max Toney, Anita Hurley, Ellie Dolata, Ellis Pardue, Hubert Barney, Martha Plyler, Chattie Byrd, Trudy Atkins, Marilee Pardue, Will Parker, May Neal, Rockie Troxler, Mary Lou Troxler, Joe Dolata for a superb job in 2003!

Ø To Wayne and Marie Crowder (center in photo at rit.) for a wonderful Paso Doble Seminar on Dec. 7.



Ø To Jim and Ann Astin for an outstanding job hosting our December 14 Christmas Party.



Ø To Franzi Brown, left with Wes Smitherman (twice), Ellis and Marilee Pardue, Dot and Homer Mason, Margaret Norton, Karen &

Robert Fogleman (twice), Lynette & Wes (above with Franzi Brown) Smitherman (twice), Ann and Jim Astin, Emmy Bagwell, Joe Lira, Don and Linda Rankin, Travis & Linda Jackson, Ellie & Joe Dolata, John

Dorosk, Edith Laws, Jack & Marie Mitchell, Susanne & David Hill, Jackie & Andrew Thorburn, Bill & Cinda Wall, and the Barneys (double) for the tasty treats at our December festivities.

Ø To DJ Lib Johnson on December 14 and DJ Hubert Barney on December 28 for the moving music.

Ø To our marvelous Web Master John Clark. Ø To Henry James, Virginia Miner, and guest Fred Nickells for help with hosting on December 28.

Ø To Ellis and Marilee Pardue for their outstanding work with our Beginner Dance Lessons.

Ø To all members who bring a positive, enthusiastic attitude to our dances and leave with a big smile, a warm glow and tired feet.

Hear Ye, Hear Ye!

Directory Information Needed: A new Membership Directory is being published. Please send any address (surface or electronic) or phone number changes to the return address on this newsletter or to PiedmontNCUSABDA@aol.com.

New Videos coming on January 25: "International Style Intermediate Cha Cha" and "International Style Advanced II Jive" each by Ron Montez and from Dance Vision.

Plan now for our **Leap Year Ball** on February 29 at Skateland.

Make your reservations for the **West Coast Swing Classes** – forms on www.ballroom-dancing.org.



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