



Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019
Vol. 13, No 4 April 2006 Marcia Barney, Editor (336) 712-8183
Send News and Views to the Editor at PiedmontNCUSABDA@aol.com

We Promote Ballroom Dancing!

Your Pres Says

Fellow Dancers,

Spring is here - a great time to see life at its best. Flowers are blooming and temperatures are warming giving us an enthusiasm to get involved.



Getting involved in Chapter activities is a great way to maintain and build that enthusiasm. The May 7 Workshop is a prime example. The Workshop, featuring an hour of Quick Step and an hour of Cha Cha, will be on the first Sunday afternoon in May. Here's a great way to make your dancing more enjoyable.

Preparing a routine for our Showcase on August 26 is sure to enhance your dancing while increasing your enthusiasm and skill.

Getting involved with the Big Band Night preparations is a fun way to keep your enthusiasm going into the fall.

Our Ballroom Sundays offer regular monthly means of exciting our emotions, so spring into action and invite a friend to attend with you!

See you on April 23!

May Neal

Big Band Night *Under the Harvest Moon*

Under the Harvest Moon will be the theme for our annual Formal Dinner Dance this year. This Big Band Night will be held on Saturday, September 23, at Benton Convention Center in Winston-Salem.

Leon Jordan and the Continentals will provide the music for our dancing pleasure. The event will begin at 6:30 with a Latin cocktail reception followed by dinner at 7 PM and dancing to Big Band sounds from 8 – midnight.

Linda Rankin (*right*), Chair of the event, promises that this year our Formal Dinner Dance will be an event to remember. For those who prefer, tickets will be available for the dance only.



Plan now to attend and invite your friends who enjoy dancing to Big Band music, even if they are not regular ballroom dance attendees. Anyone who wishes to assist with the preparations for the gala event should contact Linda at 956-2568.

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Ballroom Sunday April 23, 2006

Skateland, Clemmons
Remember, It's the **FOURTH** Sunday

5:30 PM Lesson – Swing
Alan Berryhill

General Dancing – 6:00 - 8:00 PM -THE floor
Music by Hubert and Marcia Barney
Hosts: Linda & Tom Siaton

Directions to Skateland: From I-40 on the west side of Winston-Salem take the Clemmons exit. Go south into downtown Clemmons. Turn right onto Cephis Dr. at the "Bronze Plaza" sign beside Dockside Seafood Restaurant. Turn left onto Neudorf Rd. Skateland is just ahead on the right.

Welcome Guests

Please come again!

Robert and Karen Fogleman dropped in on March 26 to dance and promote the Carolina Heartland Ball. **Monica and Gary Fogle (right)** visited us for the first time on March 26.



Jennifer and Wayne Sapp (shown dancing on the left) danced with us on March 26. **Ishani Devi**, (below right with Hubert



Barney) visited for the first time on March 26. **Scott Malone** (below left with Linda McMichael),



(right) again at the March Ballroom Sunday.

Carolyn Ender (below left) attended for the first time, but hopefully not



the last, on March 26. **Elizabeth Craven** also attended for the first of hopefully many times on March 26.



We were again delighted to see former members **Bill and Sheila Reeves** (on the right in photo at right with Al and Ivete



Narizzano) return for a visit!

Ashleigh Lucas (left with Max Toney), a new dancer, attended for the first time on March 26.



Bill and Carol Bryant, Heartland USA Dance members, attended our March

Ballroom Sunday.

2006 at a Glance

April 23 – Ballroom Sunday, Skateland

5:30 – 6 Lesson 6 – 8 Dance, Dance, Dance

Ballroom Sunday Monthly Dance & Lesson –

Every fourth Sunday (Except December on the third Sunday) - 5:30 – 8:00 PM Skateland, Clemmons on May 28, June 25, July 23, August 27, September 24, October 22, November 26, December 17.

May 7 – Quick Step & Cha Cha Workshop

August 26 – Showcase of Dancers

Sept. 16 – 24 – National Ballroom Dance Week

September 23 – Big Band Night – *Under the Harvest Moon*, Benton Convention Center, Winston-Salem

September 24 – Beginner's Ball

November 26 – Holiday Premier Promenade

December 17 – Christmas Dance

Tips and Tidbits:

We want to keep our skills sharp to enhance the joy of dancing. Here are a few ways to do so:

-Take a private lesson to get a professional view of your strengths and weaknesses. If you take regular private lessons, ask your instructor for some "general pointers."

-Take a specialized dance workshop to put some added pizzazz into your moves.

Truisms

- Practice makes us show the advantage of experience over raw talent.
- We dance at different attitudes.
- Accept sound advice from whatever source it comes and copy great moves from anyone who makes them.
- A smile does not come from a bad attitude.
- Man needs a little madness to cut the rope and dance freely.
- Once I realized that improvement began at home I have had no time to criticize my partner.
- The most exhausting thing in dancing is being insecure.
- A happy partnership is the union of two people who can laugh at their own mistakes.
- We must learn to regard people less in the light of how well they dance, but by how they enjoy it.
- Dancing is like a child throwing a stone in a mine shaft. You practice first, then listen for the music.
- Good dancers don't show all their moves in one dance.

Quick Step & Cha Cha Workshop

On Sunday, May 7 from 3 –5 PM Piedmont NC USA Dance will offer a Quick Step & Cha Cha Workshop. National Champions Wayne and Marie Crowder will be the instructors. The first hour will be Quick Step, the second Cha Cha. Cost of the Workshop is \$25 (\$10 discount for Piedmont NC USA Dance members).

Registration forms will be available at the April 23



Ballroom Sunday, on www.ballroom-dancing.org, or by calling your editor at 712-8183. Will Program Chair Martha Plyler (left with Jerry Evans) put more polish on her dancing on May 7?

Dance Floor Etiquette

We in Piedmont USA Dance are very fortunate to have a huge dance floor. Even the most rambunctious move can be enjoyed at the left side of the dance floor. Alas, this is seldom the case. Most of the time when we are dancing the floor is too small. We can maximize the comfort of dancing even in crowded rooms by remembering a few niceties. First, dance on the dance floor,

converse off the floor. Move before you chat.

Most importantly, follow the line of dance. The line of dance flows counter clockwise around the floor. If you are a relatively new dancer, stay near the center of the room. Leave the outside lane for the most advanced dancers who truly need the “fast track.” Likewise, regardless of your level of dance, get out of the moving lanes when you plan



to execute a stationary figure – it's not lovely if it obstructs the flow of the dance. *Bill Richardson and Emmy Bagwell, left appreciate the finer points of dance floor etiquette.*

For the stationary dances such as cha cha, rumba, and

swing that aren't truly stationary, beware of your fellow dancers. Take only your fair portion of the dance floor. If the floor is crowded avoid expansive moves and gestures.

When the floor is large, feel free to challenge your abilities on the faster dances such as Quick Step and Viennese Waltz. However, when the floor is crowded, take care not to cause a major “pile up” in the dance lane. The advanced dancers are more responsible for avoiding mishaps, but anyone can cause a disaster.

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Teaching the World to Dance

Special Invitations and Happenings:

Mt. Empire USA Dance.

April 15, Wytheville, Va.
Foxtrot lesson at 7:30, Dance
from 8:30 – 11 PM. \$7.50
USA Dance members, \$10
guests; (276) 783-5402 for
details.

Winston-Salem Dance

Forum – April 15, 8-11 PM,
South Fork Community Center Ballroom, \$5
admission, Guests welcome. Info: 712-8183

**Heartland USA Dance Annual
Formal Dinner and Dance**, April
29, 6:30 – 11 PM, \$40 per person.
Reservations required. For
details, forms, and directions
www.carolinaheartland.org.

**American Cancer Society Night
of the Dancing Stars**: May 5, 8
PM, The Village Inn in Clemmons, local
celebrities will compete for King and Queen of
the Dance. Tickets \$25 each or \$40 per couple.
Call Christine Greene at 671-0600.



Ø To Zach & Zenaida Lawrence (*top photo*)
for the enjoyable Rumba lesson at our March
Ballroom Sunday Dance. The Lawrences
offer private and group lessons at their *All The
Right Moves* - studio on Reynolda Road.
They are also offering a series of Saturday
morning workshops (most offer a \$5 discount
for Piedmont NC USA Dance members).
They can be reached at 725-8985.

Ø To Line Dance Leader Rita Crews for
helping us with the Too Too on March 26.

Ø To Don & Linda Rankin, John Dorosk,
Hewon & Donna Han, Dick & Helen Heck,
Martha Plyler and Jerry Evans, and the
Barneys for treats at our March Dance.

Ø To Duncan MacKeen (*bottom left
with Glenda*) for celebrating his birthday
with us on March 26.

Ø To all members and guests who
brought a spirit of camaraderie and fun to
our March Ballroom Sunday!

Check our fabulous web site: www.ballroom-dancing.org for regular dance opportunities, registration forms, and other valuable information.

Notes of Appreciation:

- Ø To our terrific Webmaster John Clark for his continued interest and assistance.
- Ø To Hubert and Marcia Barney for hosting our March Ballroom Sunday.
- Ø To the incomparable Hubert Barney for music, lights, camera, truisms, proofing.

Hear Ye, Hear Ye!

Pick up your Membership Directory on
March 26.

Two more videos will be added to our
extensive video library on March 26:

-David and Carrie Kloss with American Style
Advanced I Waltz Technique & Principles.
Another great Dance Vision video.

Get your Showcase ready for our August 26
2006 Showcase of Dancers!

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