



Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019
Vol. 14, No 4 April 2007 Marcia Barney, Editor (336) 712-8183
Send News and Views to the Editor at PiedmontNCUSABDA@aol.com

We Promote Ballroom Dancing!

Your Prez Says

Fellow Dancers,

At the April 2 Board Meeting your Board members took care of the administrative details of our chapter.



Additionally, a number of topics pertinent to every member were discussed. These included upcoming events (see "Calendar" herein), Video/DVD and Music libraries, Youth Programs, and workshops. We also discussed one area in which all members can – and hopefully will – participate: publicity and membership. While our Publicity Chair creates posters, posts community calendar items, and broadcasts on radio shows, the best publicity we can get is through member enthusiasm and word of mouth. Tell everyone you know how much you enjoy dancing! Encourage them to watch "Dancing With the Stars" and other televised competitions to "get the bug." Tell them about the multitude of mental, emotional, and physical benefits of ballroom dancing.

We are more than just another social dance club. Our purpose is to promote ballroom dancing. Let's do it!

Bring someone with you to the April 22 dance! See you – and your guests – at 5:30 on April 22!

David Lundquist

Showcase Spring Into Dancing

Our 2007 Showcase of Dancers was a wonderful example of teamwork. Team Captain Dianna Saddler did a fantastic job. She found outstanding dancers: Gloria Torres, David and Leslie Lundquist, Matthew Spahr, Laura Stainback, Jeff Trent, Margaret Thompson (*below*), Zeki Maviyildisz (*below*), Ellis Pardue, Jim Saddler, Marcle Naylor, Marilee Pardue, Bob Rauch, Hubert and Marcia Barney. Leslie



Lundquist and her team made the Ballroom a dazzling place to dance.

Hubert Barney was the Master of Ceremonies and Travis Jackson played the music. Camera- persons Linda Rankin, Linda Jackson, and Jim Saddler captured the dancing. Receptionists Gene and Donna McDonald welcomed all attendees.

See inside for a few more photos of the event.

Ballroom Sunday – Fourth Sunday!

April 22, 2007

5:30 - 6:00 PM - Foxtrot Lesson
With Amber Reich of Fred Astaire Dance Studio

6:00 – 8:00 PM Dance

*General Dancing -THE floor
Music by Hubert and Marcia Barney
Host: Rita Crews*

Inside

- Notes of Appreciation
- Showcase pictures
- Truisms & Tips for Leaders
- Calendar
- Footnotes
- New Member & Guests



2007 at a Glance

April 22, 2007 – Foxtrot Lesson - 5:30 – 6 PM,
Dance 6-8 at Skateland in Clemmons
Other Ballroom Sundays in 2007: May 27, June
24, July 22, August 26, September 23, October 28
September 8 – Charity Ball to benefit ALS, South
Fork Community Center Ballroom, WS
November 10 – Black Tie Dinner and Dance,
Millennium Center, Winston-Salem
November 25 – Holiday Premier Promenade
December 30 – Early New Years Dance

Directions to Skateland: From I-40 on the west side of Winston-Salem take the Clemmons exit. Go south into downtown Clemmons. Turn right onto Cephis Dr. at the "Bronze Plaza" sign beside Dockside Seafood Restaurant. Turn left onto Neudorf Rd. Skateland is just ahead on the right.

Welcome New Members

Amy Stroud (right with **Gene McDonald**), a friend of Margaret Thompson, joined us on March 25.



Welcome Guests

Please come again!



Andrew and Laurie Stroupe, (left) friends of Bill and Carol Bryant of Heartland USA Dance, visited on March 25.

Jerry and Tommie (right with **Bill Richardson Pendleton** (right), more friends of Bill and Carol, attended our March 25 dance.



Barbara Newman (left) also danced with us on March 25. We hope you'll return on April 22, Barbara. **John Cavello** (left) was back in town and back for a visit.

Good to see you, John.

We were delighted to see Heartland USA Dance friends **Wes and Lynette Smitherman**, **Joyce D'Arconte**, and **Bill and Carol Bryant** again. **Jan and Carlie Coats**, friends from Triangle USA Dance in Raleigh, also dropped by for a visit.

Footnotes:

*Former member **Frank Redner** passed away earlier this month. Frank will be missed.
* Rita Crews deserves a break from hosting our Ballroom Sunday. Job requirements: Be there by 5:30 with paper products (plates, forks, napkins, cups) and a couple of finger food snacks. Encourage friends to bring other snacks so that you don't have to bring all of them. Fill (and keep filled) pitchers of water, soft drinks are optional. If you'd like to host one month, please see David or Rita.
*Donna and Hewon Han have resigned their positions of Secretary and Director-at-Large of our Chapter for health reasons. At their April 2 meeting, the Board expressed their appreciation for the outstanding job each has done this year. If you are interested in either of these positions, please talk to President David.



*Jim & Dianna Saddler
Swing*



*Marcle Naylor & Zeki
Waltz*

Truisms:

- Dancers are soldiers that liberate music from the steadfast possession of sound.
- Good dancing does not happen automatically. It is driven by practice with courageous patience.
- The only thing worse than a person who does not dance is a person who will not try.
- In dance the feeling is frequently more important than the music.
- The best way to overcome uncertainty when dancing is to smile at it.
- Practice can make the difficult seem easy.
- When practice is fun, dancing becomes bliss.
- A happy leader invariably gets more cooperation than a somber one.
- If you really want to dance you'll find a way. If you don't, you'll find an excuse.
- If you're having problems with your partner, the first person to check is the one looking back at you in the mirror.
- Lady's dance credo: Not being able to govern events, I govern myself.
- Rudness in a leader or follower is a weak imitation of expertise.
- Practice is a dancemaker specializing in alterations.
- Dance tall – even if you are not.



Laura Stainback Cha Chas with Ellis Pardue above left and Rumbas with Bob Rauch on the right. David and Leslie Lundquist (left) await their turn to Cha Cha. At right Jeff Trent leads Marilee Pardue in a Foxtrot and Hubert and Marcia Barney Waltz.



Videos-Music-Books Shoes-Dance Floors Manuals Certification Dance Camps & More

Over 50,000 items in stock and we can usually ship within 24 hours by FedEx 2-day delivery at no extra charge.

Call for a free catalogue
1-800-851-2813
or visit

DanceVision.com

Teaching the World to Dance

Tips for Leaders:

Always remember that a lead is an invitation, not a demand. If the lady accepted your invitation to dance, she obviously plans to follow your lead to the best of her ability. Dance to that ability. Start simple, then progress to more advanced movements. If a lady misses a lead, continue with the dance as if you had not lead that step. If it was something you think she knew, try again later if you like, maybe adjusting the lead, but don't stop to teach the step in the middle of the dance.

Adjust your frame to her height – there's a place for your right hand on her back. Keep it there and keep your fingers together. Keep your left hand at her eye level. Encourage her to dance tall, but do not try to lift her. Always allow her to balance herself. A push or shove will usually result in reflex resistance and imbalance.

Next month: Tips for followers.

Special Invitations and Happenings:

Mt. Empire USA Dance – Saturday, April 14, 7:30 – 8:30 Tango Lesson, 8:30 – 11 Dance, Rural Retreat Community Center, 112 Catron St., Rural Retreat, Virginia, \$5 member admission. (276) 783-5402 or (276) 783-5349. In May the event will occur on Saturday May 19 and will be preceded by an afternoon International Rumba Workshop by the Crowders.

Winston-Salem Dance Forum – Saturday, April 21, South Fork Community Center, Country Club Road, Ballroom dancing 8 – 11 PM; \$5 admission. 712-8183.

Carolina Heartland is having a Black Tie Dinner Dance at Korey Convention Center on April 28. \$40 per person. Details and reservations: 317-7575.

Dancing With The Stars has started again on CBS on Mondays at 8 PM with awards show on Tuesday at 9. Don't miss this fabulous program and be sure to participate to encourage future dance programs.

National Latin Championships will be on UNC TV on Thursday, April 19 at 10 PM. Tune in for some fabulous ballroom dancing.



Check our fabulous web site: www.ballroom-dancing.org for regular dance opportunities, registration forms, and other valuable information.

Notes of Appreciation:

Ø To our terrific Webmaster John Clark for his continued interest and assistance.

- Ø To Video/DVD Librarian Tim Moore and his beautiful assistant Debbie.
- Ø To Rita Crews for hosting our March Ballroom Sunday Dance.
- Ø To Refreshments Chair Rita Crews, with help from Dick and Helen Heck, Linda and Don Rankin, the Barneys, David and Leslie Lundquist, and Jim and Dianna Saddler, for providing delicious and lovely food for our hungry dancers at the March 31 Showcase.
- Ø To Linda Jackson, Marcia Barney, Dianna Saddler, and Hubert Barney for their assistance with decorating for the Showcase.
- Ø Thanks to Alonzo Boschulte of *Fred Astaire, High Point Road in Greensboro* for the interesting Mambo lesson on March 25.
- Ø To the incomparable Hubert Barney for music, lights, camera, proofing, inspiration....
- Ø To John Dorosk, David and Leslie Lundquist, Gene and Donna McDonald, and the Barneys for treats at our March Dance.
- Ø To all members (*such as Lynette Smitherman and Bill Roberts, left*) and guests who brought a spirit of camaraderie and fun to our March Ballroom Sunday!

Hear Ye, Hear Ye!

You asked for Quick Step, so on April 22 we'll add two more outstanding Dance Vision DVDs to our extensive library: *International Style Standard Open Silver Quickstep Variations & Technique* and *International Style Syllabus Advanced II (Gold) Quickstep*. Both DVDs feature Victor Veyrasset & Heather Smith as Instructors.

Remember that April 22 is the fourth, not the last, Sunday in April! We dance on the Fourth Sunday.

"Ballroom Beat"
Marcia Barney, Editor
3501 Lakefield Court
Clemmons, NC 27012

