



# Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019  
Vol. 14, No 9 September 2007 Marcia Barney, Editor (336) 712-8183  
Send News and Views to the Editor at [PiedmontNCUSABDA@aol.com](mailto:PiedmontNCUSABDA@aol.com)

*We Promote Ballroom Dancing!*

## Your Pres Says

*Fellow Dancers,*

*Where did summer go? We are into September and ready for fall!*

*Our "Take Me Out to the Ball" Charity Ball, was a great success. We raised significant funds for ALS Research. Thanks to Co-Chairs Donna McDonald and Leslie Lundquist as well as to the entire committee for a job well done! Thanks, also, to all who attended and donated money (such as "team owners" Don and Linda Rankin, with me above) to this worthy cause.*

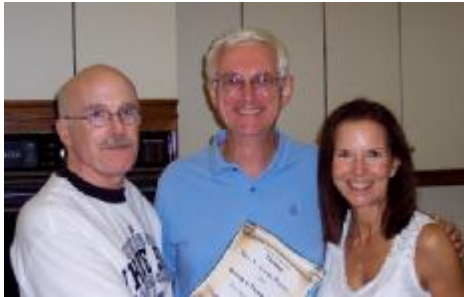
*Our next celebration is National Ballroom Dance Week. We are in full-swing with our ever-growing Introductory Class. We'll culminate the week with the September 23 Beginner's Ball.*

*Our Big Event of the Year, the Black Tie Dinner Dance, is just around the corner. The event was wonderful last year and we expect this one to be equal or better. Use the enclosed reservation form to make your reservation right away.*

*We'll have 2 more Ballroom Sunday opportunities to polish our dance skills before the big event, so be sure to attend both and bring a friend to enjoy them with us!*

*I look forward to seeing you on September 23!*

*Dave Lundquist*



## National Ballroom Dance Week

National Ballroom Dance Week is September 14 through 23. Plan to dance a little extra during this celebration week! Perhaps this is the week when you could take an extra class, visit another dance club, or learn a new step/figure from

a dance video or DVD.

The week will, of course, culminate with our Beginner's Ball. That's the time when you can really share your love of dance by bringing a friend – or two – with you.

## Last Call for Officer Nominees

The Nominating Committee, chaired by Immediate Past President May Neal and comprised of our past presidents, met earlier this month to propose a slate of nominees for Piedmont NC USA Dance Officers in 2008. Nominations can still be made until October 10. If you are interested in becoming an officer or in nominating someone else, contact May or either of the Past Presidents: Will Parker, Martha Plyler, Hubert Barney, Ellis Pardue, Marcia Barney, Tim Stinson, or Charles Goode.

## Inside

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**Ballroom Sunday  
Beginner's Ball  
Sunday, September 23, 2007**

**Swing Lesson – Allen Berryhill  
5:30 – 6:00 PM**

*General Dancing – 6:00 – 8:00 PM-THE floor  
Great Music by Hubert and Marcia Barney*

## 2007 at a Glance

**Directions to Skateland:** From I-40 on the west side of Winston-Salem take the Clemmons exit. Go south into downtown Clemmons. Turn right onto Cephis Dr. at the "Bronze Plaza" sign beside Dockside Seafood Restaurant. Turn left onto Neudorf Rd. Skateland is just ahead on the right.

### *Welcome New Members:*

**Thomas and Madeline Willis** (right) are new members attending our Introductory Class.

**Michael and Georgia Olympio** are also new members of both the Introductory Class and USA Dance.



**John and Victoria Bauer**, graduates of our recent Y Class, are also new USA Dance members.

**David Rodwell and Lynn Felder** (left) came to our

August 26 dance and decided to join us. We're delighted you did!

**Maria Elliott and Jonathan Sweitzer** have also joined USA Dance via our Introductory Class.

**Clay Sink**, father of student member Emily Sink, is a new member attending our Introductory Class.

### *Welcome Guests:*

*Please come again!*

We were delighted to see friends from the Carolina Heartland Chapter at our August 26 dance!

**Barbara Haas** (left), a member of several of the local dance clubs, also graced us with her presence on August 26.



**Jack Davidson** (rt.) also visited for the first time.

Bring a guest to our September 23 Dance. If they join both of you win: They get a membership in a great organization as well as a free 6-week introductory class and you get free admission on October 28!

Tea Dance and Lesson – Every fourth Sunday –

Except December on the fifth Sunday -

5:30 – 8:00 PM Skateland, Clemmons

October 28, November 25, December 30

Sept. 14–23 – National Ballroom Dance Week

September 23 – Beginners Ball, Skateland

October 28 – President's Day

Lesson by Adina Harper, FADS

November 10 – Black Tie Dinner/Dance,

The Millennium Center, Winston-Salem

November 25 – Holiday Premier Promenade,

Skateland, Clemmons 5:30 – 8 PM

December 30 – Early New Year's Party, Skateland

### **Truisms**

*-In the world of dance, manners are as important as form.*

*-Smile and the whole world dances with you, frown and you sit alone.*

*-Wet blankets dampen the spirit of everyone.*

*-A ray of sunshine is as close as a good partner's hand.*

*-A man who dances is a man in demand.*

*-Dancing is directing an orchestra with your feet.*

*-Dancers have music in their hearts and callouses on their feet.*

*-Enjoy the music you hear. Dance to the music you feel.*

*-We dancers have imaginations to compensate for what we lack in ability.*

*-Dancing is like a safe to which there is a combination - locked in the safe.*

*-We may be temporarily disappointed if we don't dance well, but we are doomed if we don't try.*

*-Dancers have a sense of humor to console us for what we do as compared to what we want to do.*

*-There are few greater mistakes than refusing to dance because you can only dance a little.*

*-People who want to share their latest step with you seldom want you to share yours with them.*

*-When dancing love perfection, but pardon errors.*

*-Father time keeps tugging at my sleeve. "Dance" he says, "I'll stop and watch you dance."*

*-One must dance to be able to dance.*

*-It is not enough to have the ability to dance – you must feed it frequently.*

*-Dancers find it easy to believe that compliments are sincere. After all, why should anyone lie when telling them the truth?*

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Teaching the World to Dance

**Currently having a fabulous sale on  
Dance Videos!**

We had a few spectators, but most managed to at least get to first base. There were also some doubles and triples. The team owners – Don and Linda Rankin (front page with the Pres.), Roy and BJ Foster, Marcia and Hubert Barney, Linda and Travis Jackson, and Dave and Leslie Lundquist (*left to right in photo below*) – put us “over the top.” All profits (all proceeds except the rent, since the food, printing, and other incidentals was donated) will go to ALS Research.



**Using Video Tapes**

Video tapes are a great way to learn new dance steps, improve your technique, or become inspired. Here are a few tricks that could make learning from tapes and DVDs even easier:

First, the steps and patterns are usually organized with a slow demonstration of the entire step first, followed by demonstrations of each partner’s movements. After that, the partners are offered pointers while performing the step together. Finally, the step is danced to music.

View the slow demonstration to get a feel for the direction of the step, the timing of movements and the proximity of partners. The step can be learned from this demonstration, but it is easier to do so from the demos of individual movements.

With the video instructor (these are world-class instructors) learn the step in small “bites”, rewinding the tape as many times as necessary until you get each segment. Once you have the foot placement for each part and in sequence, proceed to the section of instruction with partner. In this section many of the finer points of the step such as leads, arm styling, body shaping and head placement will be covered. Polish the step here. Finally, dance the step to music as the instructor and partner dance it. Review as necessary.

*Footnotes:*

Thanks to **John Dorosk** for a special addition to our Video Library. John (*rt. with Helen Heck*) has donated the *Peabody,*

*Beginner to Advanced* instructed by Chris Morris.

\*Seen on a bumper sticker: *Don’t let stress kill you – dancing can help!*



***Take Me Out to the Ball***

Our September 8 Charity Ball to benefit ALS (Lou Gehrig’s Disease) was a great success. The Committee comprised of Co-Chairs Leslie Lundquist and Donna McDonald were ably assisted by Dianne Saddler, May Neal, BJ Foster (Roy helped with the clean-up, too), Rita Crews, Hilda Forrest, Gene McDonald, Linda Rankin (Don also helped with clean-up), Hubert Barney and Marcia Barney.

## Special Invitations:

**Mtn. Empire USA-Dance** – Saturday, September 15, Rural Retreat Community Center, Rural Retreat, VA. Lesson at 7:30, Dance from 8:30 – 11 PM. Info: (276) 783-5402. \$7.50 USA Dance members, \$10 guests. Dressy casual.

### **New Group: Mayberry Ballroom Dance** –

Saturday, October 13 at Pro Health Fitness Center, 280 North Point Blvd., Mt.

Airy, NC. Lesson 7:30, Dance 8:30 – 11 PM, \$7.50.

336-374-2712 or 275-755-3072

### **Winston-Salem**

#### **Dance Forum** –

Saturday, September 15 from 8 – 10:30 PM, South Fork Community Center, Winston-Salem. Info: 712-8183. \$5, dressy casual.

#### **Carolina Heartlands**

**USA Dance** - Second Sunday of each month. 5:30 – 8 PM, Skateland USA North in Greensboro.



- Ø To the Barneys for the fabulous music at our Ballroom Sundays.
- Ø To Dick Heck for donating the printing of the programs for the August 26 dance and the inserts for this newsletter.
- Ø To Tim Moore for taking such great care of our extensive Video/DVD Library.
- Ø To the incomparable Hubert Barney for lights, camera, proofing, inspiration, projection equipment, consultation, and truism input.
- Ø To Kathy Marino (*left with group*) for a great deal of wonderful information at our August 28 “Ballet for Ballroom” Workshop!
- Ø To John Dorosk, Tom and Linda Siaton, Tom and Kathy Rucker, Carol and Bill Bryant, May Neal, Don and Linda Rankin, Gene and Donna McDonald, and the Barneys for the treats at our August dance. Thanks to Rita Crews for keeping the pitchers filled and for bringing the paper products.
- Ø To all (*such as Mike and Kathy Lewis at left*) who bring a wonderful attitude and a love of dance to our Ballroom Sundays!

## Hear Ye, Hear Ye!

We'll add 2 more fabulous new Dance Vision Videos in our library on September 23: *Peabody, American Style Beginning thru Advanced* by Chris Morris and *International Style Beginning Rumba and Jive* by Ron Montez.

Make your reservations now for the November 10 Black Tie Dinner Dance on the enclosed form.

Bring a smile, a friend(s) and a snack to share to our **Beginners Ball on September 23**.

Check our fabulous web site:

[www.ballroom-dancing.org](http://www.ballroom-dancing.org)

for regular dance opportunities, registration forms, and other valuable information.

### *Notes of Appreciation:*

- Ø To Ron Montez and Dance Vision for our beautiful Bolero step on August 26.
- Ø To our terrific Webmaster John Clark for his continued interest and assistance.

### “Ballroom Beat”

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