



Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019
Vol. 15, No 11 November 2008 Marcia Barney, Editor (336) 712-8183
Send News and Views to the Editor at PiedmontNCUSABDA@aol.com

We Promote Ballroom Dancing!

Your Pres Says

Happy Thanksgiving Dance Family,

Grab your dancing shoes and start to enjoy taking care of some of those added calories that come with the Holidays!

You could even check out a video or DVD from our vast library and add a private session or two to take care of the turkey and pumpkin pie. A really good feeling can come from accomplishing 2 goals with one good session! There's more to getting ready for the Holidays than picking the right attire or the right gift – do something that will help you the whole year!

November 30 is our time to get dressed with a nod to the holidays, bring our favorite partner - and a friend or two - , and dance, dance, dance.

Our Holiday Premier Promenade is also the time to elect our officers for the coming year, so come out and make your vote count at our Annual Business Meeting. With a nominated slate such as we have, the election process should just give us another excuse to celebrate!

See you on November 30 at Skateland!

Your President, Linda Rankin



Officer Elections

Our November 30 Meeting is not only the time to come dressed for the holidays and begin the season of dancing, it is also Piedmont NC USA Dance's Annual Business Meeting.

The major item of business at this meeting will be election of our 2009 Officers. Be sure you are there to cast your vote. Nominees are:

For VP/Pres-elect Tom Rucker

For Secretary Dianna Saddler

For Treasurer Dick Heck

For the three Directors-at-Large: Randy Peters, Donna McDonald, Linda Jackson

Board Members

Our Officers are elected, Board Members are appointed and consist of the Chairs of our all-important committees: Youth, Publicity, Video Librarian, Membership, Black Tie, Program, Music, Long Range/Strategic Planning, Refreshments, Showcase, and Newsletter. A brief description of each is inside. In addition to these traditional committees, next year we will have 2 additional ones: Charity Ball and a new one just announced by Pres-elect Rita – the Community Relations Committee. Your help is needed!

***Holiday Premier Promenade
Right after Thanksgiving!
Sunday, November 30, 2008***

Our Annual Meeting

***5:30 – 6:00 PM Cha Cha Lesson by
Adina Harper, Fred Astaire Dance Studio***

6 – 8 PM Great New Music by The Barneys

Inside

- Committee Chair Outline
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Truisms

Directions to Skateland: From I-40 on the west side of Winston-Salem take the Clemmons exit. Go south into downtown Clemmons. Turn right onto Cephis Dr. at the "Bronze Plaza" sign beside Dockside Seafood Restaurant. Turn left onto Neudorf Rd. Skateland is just ahead on the right.

Welcome Guests:

It was great to see friends (such as Al Narizzano, right, dancing with Sherryl Peters) from Carolina Heartland USA Dance at our October Ballroom Sunday.



Adam Bauer and Brianna Morgan (left), students at North Davidson High School, attended and got numerous tips on dance frame.

James and Rachel Helms attended as guests of Dick and Helen Heck.

Bring a guest to our Holiday Premier Promenade on November 30. If they join, both of you win: They get a membership in a great organization as well as a free 6-week introductory class and you get free admission to our Early New Year's Dance on December 28!

The rest of 2008 & 2009 at a Glance

November 30 – Holiday Premier Promenade
Annual Business Meeting, Cha Cha with Adina Harper of FADS

December 28 – Early New Year's Party
Waltz lesson by Tony Econ, Studio E at 5:30,
Dance 6 – 8 PM

Tea Dance and Lesson – Every fourth Sunday –
5:30 – 8:00 PM Skateland, Clemmons:

2009 Ballroom Sunday Dates:

January 25, February 22, March 22, April 26,
May 24, June 28, July 26, August 23,
Sept. 27, Oct. 25, Nov. 29, Dec. 27

- Attitude is the first partnership technique.
- Enthusiasm is a dancer's greatest asset.
- A pleasant disposition leads to a happy partner.
- To dance is to learn, to dance often is to retain that which is learned.
- The better a dancer knows himself the better they can understand their partner.
- Choose the way you dance – don't let habit choose it for you.
- When I no longer thrill to the first waltz of the dance, I'll know I'm growing old.
- The time to win a dispute with your partner is before it starts.
- Rather than love, than money, than fame, give me a good dance partner.
- Practice alone doesn't change your dancing. You must first change your actions.
- What sane person could dance and not be happy.
- If you can't excel with ability, triumph with enjoyment.
- To change our ability to dance we should first change our opinion of our ability to dance.
- When a couple dance there are really six people on the floor: The couple the way others see them, the couple the way they see themselves, and the couple the way they actually are.
- The ability to dance, once expanded by new knowledge and technique can never return to its original level.
- There is a world of difference between a conceited dancer and a confident dancer.
- Of all the mistakes in dance, sometimes the worst are those you imagine making.
- Instructors learn a lot from their students about how to cope with strange dance technique.
- No dance is as short as you think it is.
- A song well danced will prepare me for both the pain and the pleasures of tomorrow.
- The person with whom you dance every dance is yourself. If you don't like the way they dance, change it.
- The feet dance only when the body is prepared to remember.
- In dance, creativity requires an excited mind, technique a calm one.

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Committee Chairs Wanted

Nominations have been made and elections are scheduled for November 30. However, it takes far more than a few good officers to make our Chapter prosper – we also need good committee chairs. Here are some of the Chairs needed and a very brief description of their duties - creativity is encouraged. New ideas are what make us vibrant and makes dancing more fun for everyone!

Lesson Chair – Obtains local professional instructors to teach our pre-dance lessons. Recommends quarterly workshops.

Membership Chair – Makes sure the Chapter is meeting the needs of our members as well as plans and implements programs to attract new members.

Newsletter – Edits our monthly newsletter “Ballroom Beat.”

Music – Plans, produces, plays music for our dances and takes care of our music library.



Video/DVD Librarian – Takes care of our very extensive Video/DVD learning library.

Youth Chair – Plans programs to encourage high school and college students to become ballroom dancers.

Refreshments – Brings the paper products (purchased by club) and some snacks to each dance. Encourages others to bring finger food.

Charity Ball – Recommends a charity to benefit from our bi-annual charity ball, plans and publicizes the event, serves as liaison with charity.

Community Relations Committee – Plans new ways to make the community aware of ballroom dancing such as demonstrations, and participation in public events then implements these plans.

Publicity/ Promotions Committee – Writes, prints, and distributes announcements, articles, and posters to the news

media and public places in the community. *(Tom Rucker, above with wife Kathy, was chair of this committee in 2008.)*

Showcase – Is in charge of our annual Showcase of Dancers.

Black Tie – Is in charge of our annual Black Tie Dinner Dance.

Long Range/Strategic Planning – Makes sure our Chapter is progressing toward worthwhile goals in coming years.

National Ballroom Dance Week – In conjunction with the Publicity and Community Relations Committees, plans and implements a late-September program for celebrating ballroom dancing.

If you're hesitant about volunteering to be Chair, volunteer to be on the committee. Let Rita Crews *(left)* know of your interest in becoming involved.

Lost and Found

A pair of ladies dance shoes was left at South Fort Community Center a couple of months ago. Please pass the word – they are in very good condition and look as if someone had taken loving care of them as well as enjoyed them. If you know of someone who misplaced their shoes, tell them to call your editor.



Special Invitations:

Mtn. Empire USA Dance – Saturday, December 20, Rural Retreat Community Center. Lesson @ 7:30, Dance 8:30 – 11 PM. Info: (276) 783-5402. \$7.50 USA Dance members, \$10 guests.

Winston-Salem Dance Forum – Saturday, November 22, from 8 – 10:30 PM, South Fork Community Center, Winston-Salem. Info: 712-8183. \$5, dressy casual attire.

Winston-Salem Dance Club – First Saturday night of each month. South Fork Community Center. 8 – 10:30 PM. \$5, Dressy casual.

Carolina Heartlands USA Dance - Second Sunday of each month. 5:30 – 8 PM, Skateland USA West in Greensboro. Also second Saturday night in Mount Airy. Call 336-374-2712 or 276-755-3072 for details and to confirm dates.



extensive video/DVD library.

Ø To the incomparable Hubert Barney for camera, proofing, inspiration, and truism input.

Ø To John Dorosk, Tom and Kathy Rucker, Tim Moore, Donna and Gene McDonald, Randy and Sherryl Peters, Don and Linda Rankin and the Barneys for the treats at our October Ballroom Sunday. Thanks to Randy and Sherryl for bringing the paper products and to Hubert for helping with the water pitchers.

Ø To all who bring a wonderful attitude (*such as John Dorosk shown above with Ivete Narizzano*) and a love of dance to our Ballroom Sundays!

Coming Next Month

We're looking for ideas on places to dance on New Year's Eve. If you know of a place open to the public, please send the information to your editor for sharing with other dancers.

Check our fabulous web site:

www.ballroom-dancing.org

for regular dance opportunities, registration forms, and other valuable information.

Notes of Appreciation:

- Ø To Zenaida Ortiz (*rt.*) for some great tips for improving our Cha Cha on October 26.
- Ø To our terrific Webmaster John Clark for his continued interest and assistance.
- Ø To the fabulous Video Librarian Tim Moore for taking such good care of our



Hear Ye, Hear Ye!

On November 30 we'll have a new video – American Style Variations, Advanced II Samba by Chris Norris and a new DVD – International Style Standard Open Silver Tango Variations and Technique with Victor Veyrasett & Heather Smith – to our Video/DVD library.

Bring a smile, a friend(s) and a snack to share to our **Holiday Premier Promenade** and Remember it's the **Fifth Sunday**.

"Ballroom Beat"

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