



# Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019  
Vol. 16, No 11 November 2009 Marcia Barney, Editor (336) 712-8183  
Send News and Views to the Editor at [PiedmontNCUSABDA@aol.com](mailto:PiedmontNCUSABDA@aol.com)

*We Promote Ballroom Dancing!*

## Your Pres Says

Greetings, Dancers,

*It is difficult to believe that the Holiday Season is once again upon us! One of the best things about the season is the increased opportunity to dance. Not only do we get to dance more, but we get the dress up more for dances! Our Holiday Premier Promenade is more dressy, and most of the events we attend during the Holidays call for special attire.*

*Of course, the Holiday Season includes the end of the year and planning for another great one. That means outstanding opportunities for you to become more involved in our organization. It really is more fun to attend dances when you feel like you are involved in the "production" of the event. Our Chapter can always use more enthusiastic dancers who wish to get involved. Whatever your special talent or interest, your efforts would be appreciated by incoming President Tom Rucker. Let him know of these interests.*

*This month is special so put on your Holiday finery; bring a friend(s) to the November 29 dance. See you at the YMCA on the 29th!*

*Your President, Rita Crews*



## Officer Elections

Our Holiday Premier Promenade on November 29 will be a wonderful dance with two added attractions. We'll be welcoming another Holiday Season and we'll be electing a new slate of officers to lead our chapter in 2010.

Our nominating committee have done their job and selected an outstanding group of dancers to serve with President-elect Tom Rucker:

- For VP/President-elect Randy Peters
- For Secretary Donna McDonald
- For Treasurer Dianna Saddler
- For Directors-at-Large (we elect 3):

Jeff Yount, Sherryl Peters, Travis Jackson

These officers, along with Immediate Past President Rita Crews and our Parliamentarian, will be the Executive Committee. Other members of the Board will include Chairs of our various committees. The Standing Committees are Program and Development, Music, Newsletter, Promotion and Publicity, Advisory, and Membership. There are also Special Committees including Hospitality, Inter Club, Community Relations, Video Librarian and any other the President or Board deem needed. If you are interested in a committee, please talk to Tom.

### **November Ballroom Sunday** *Holiday Premier Promenade* *Fifth Sunday*

**Sunday, November 29, 2009**

**4:00 – 4:30 PM - Waltz Lesson**  
**By Eddie Morgan of Baylin Dance Studio**

**4:30 – 6:30 PM General Dancing**  
**Great Music by The Barneys**

### **Inside**

- Welcome Guests
- New! Dance Puzzles
- Notes of Appreciation
- Dance Tips
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- Calendar & Truisms



**Directions to West Forsyth YMCA:** From I-40 on the west side of Winston-Salem take the Clemmons exit. Go north away from downtown Clemmons. Turn left onto Peacehaven Road at the first traffic light not associated with I-40. Go less than ½ mile and the YMCA is on your left at 1150 S. Peacehaven Road. Go in the main entrance and follow the signs.

**Welcome Guests:**

*Please come again!*

**Roger and Cindy Caudle** (right) danced with us again in October. We look forward to seeing you in November! It is always a pleasure to see **Dick and Walena**



**Morse** at our dances! **Ralph and Robyn Seamon** (left) visited for the first time in October. It was good to meet you!



**George and Mary Tucker** (right) delighted us with their presence on October 25! We were also happy to see friends from Carolina Heartland USA Dance at our October "Ballroom Sunday."

*Bring a guest to our November Ballroom Sunday. If they join, both of you win: They get a membership in a great organization and you get free admission to our Early New Years Ball on December 27. Remember, it doesn't matter when one joins – membership is for a year.*

### **2009 and 2010 at a Glance**

November 29 – Waltz with Eddie at 4 PM and dance until 6:30 PM at the West Forsyth YMCA  
 December 27 – Early New Year's Dance  
 Tea Dance and Lesson – Every fourth Sunday – Lesson at 4, dance until 6:30

2010 Ballroom Sunday Dates: Jan. 24, Feb. 28, March 28, April 25, May 23, June 27, July 25, August 22, Sept. 26, Oct. 24, Nov. 28  
 Sept. 18 - 25 – National Ballroom Dance Week  
 Sept. 18, 2009 – Black Tie Dinner Dance, Municipal Club, Lexington  
 November 28, 2010 – Holiday Premier Promenade

### **Truisms**

- The beat is in the ear of the leader.
- Dance is about creating beauty.
- It is hard enough to remember my steps without having to smile as I do them!
- A key to good dancing is learning to smile when you concentrate.
- In dance you never practice in vain for what you learn today will make you better tomorrow.
- We should never apologize for dancing our best regardless of our expertise.
- He who smiles is always dancing. He who frowns frowns alone.
- Every dance partner is an ever-widening circle of joy.
- Following the path of least resistance is what makes leaders and rivers muddy.
- The important thing about leading is to make sure you lead with confidence.
- Never take your frustrations to the dance floor with you.
- Most dancers occasionally perform a step brilliantly – really good dancers simply do so more frequently.
- It is the dancing that you don't see that makes the dancing you do see beautiful.
- Each day grow a little older and dance another dance.
- Dance is the overflowing of emotion.
- An unhurried time to dance is in itself a form of wealth.
- Never regret the dances you missed, think only of the dances yet to come.
- Treat you partner as you would a fire – stoke with praise to keep it glowing.
- The greatest joy belongs to those who dance the most.
- An open mind and an open heart are fertile ground for a beautiful dance.
- Every tune is a song waiting to be danced.
- More things can grow through dance than the dancer sows.
- When people complain about dancing it almost always because they expect impossible things.

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**Something New:**

*We're introducing something, in addition to dancing, to keep us mentally astute – dance puzzles. There's even a prize for the winner: The first dancer to send the correct answer to both puzzles to your editor by e-mail or surface mail will receive free admission to the Holiday Premier Promenade as a guest of said editor.*

**Dancers Jumble**

Unscramble the following words to make four common words associated by dancing. Use the circled (0) letters to find the answer suggested by the photo caption:

RPALÉPA      0 \_ 0 \_ 0 0  
OTOFTXR      \_ \_ \_ 0 0 \_ 0  
NSGWI        \_ \_ \_ 0 0  
CEDARN       \_ 0 \_ \_ 0 0



*Tom Rucker (left with wife Kathy) loves to dance because he has a*

In the following puzzle one letter is substituted for another. Length of words and repeats are hints.

**Cryptoism**

RXPZPOA PR AMMQ SME MKE  
QBONPOA BOQ QBONPOA PR AMMQ  
SME MKE RXPZPOA.

**Facebook**

Thanks to Randy Peters (right with Sherryl) we are now on facebook! We have a group page and you are invited



to become a member! It's a great place to discuss dancing, connect with other dancers, and to keep informed. To get there: Search USA Dance #6019 or Piedmont USA Dance in Facebook Search or click <http://www.facebook.com/group.php?gid=153346133198>.

**Dance Tips**

== It's time to be thinking of great gifts for your favorite dancer(s). How about dance lessons from one of our top local instructors, instructional videos/DVDs, ballroom dance music CDs, or for your partner a dance camp registration? A gift certificate for dance apparel or shoes might be appreciated. Of course, a nice piece of jewelry always makes the ladies dance better. ==Keeping you eyes and chin up when dancing not only helps your balance, but can do wonders for your self-confidence.

## Special Invitations:

**Mtn. Empire USA Dance** – Saturday, Nov. 21, Rural Retreat Community Center. Lesson @ 7:30, Dance 8:30 – 11 PM. Info: (276) 783-5402. \$7.50 USA Dance members, \$10 guests.

**Winston-Salem Dance Forum** – Saturday, Nov. 21 (and every third Saturday), from 8 – 10:30 PM, South Fork Community Center, Winston-Salem. Info: 712-8183. Dressy Casual \$5.

**Winston-Salem Dance Club** – First Saturday night of each month. South Fork Community Center. 8 – 10:30 PM. Dressy casual. \$5 Christmas Dance with “live” music on December 5.

**Carolina Heartlands USA Dance** - Second Sunday of each month. 5 – 7:30 PM, Skateland USA West in Greensboro. Also **second Saturday** night in **Mount Airy**. Call 336-374-2712 or 276-755-3072 for details and to confirm dates.



Ø To our terrific Webmaster John Clark for his continued assistance. John also assists with the distribution of “Ballroom Beat”.

Ø To the incomparable Hubert Barney for camera, proofing, inspiration, and truism input. Thanks, too, to the Barneys for the great music for our Ballroom Sundays.

Ø To Randy and Sherryl Peters, Donna and Gene McDonald, and the Barneys for the treats at our October dance. Thanks to Randy and Sherryl for bringing the water, to Julia Cortright (*upper left with Hubert Barney*) for bringing the paper products.

Ø Thanks to Marilee Pardue (*below left with partner Ellis*) for regaining her health and coming back to dance with us on October 25!

Ø Thanks to all who bring a wonderful attitude and a love of dance to our Ballroom Sundays!

### Hear Ye, Hear Ye!

On November 29 we’ll add another great Dance Vision DVD and Video to our Library: The DVD is Mastering American Smooth in *Intermediate Ballroom Building Blocks* with Jim and Jenell Maranto. The video is 2002 *World Super Star Dance Festival Latin*.

Bring a smile, a friend(s) and a snack (or a gallon of chilled water) to share to our

**Holiday Premier Promenade on**

*The Sunday AFTER Thanksgiving  
November 29*

*At the West Forsyth YMCA and at 4 PM!*

Check our fabulous web site:  
[www.ballroom-dancing.org](http://www.ballroom-dancing.org)  
for regular dance opportunities, registration forms,  
and other valuable information.

## Notes of Appreciation:

Ø To Tony Econ (407 – 2634) for another great Foxtrot lesson on October 25.

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