



Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019
Vol. 17, No 8 August 2010 Marcia Barney, Editor (336) 712-8183
Send News and Views to the Editor at PiedmontNCUSABDA@aol.com

We Promote Ballroom Dancing!

Your Pres Says

Dear Fellow Dancers,

The day the ladies have looked forward to and the gentlemen have dreaded will soon arrive – the Fashion Show at Ballroom Sunday on August 22. Several ladies have picked out gowns to model for 15 to 20 seconds as they waltz, rumba, foxtrot, or Tango with their partner.

A word to the guys: OK, so this is not exactly our scene, but don't rule it out. You bring a lady to this and you get big points. She will definitely owe you – a new set of golf clubs, a car, a boat, or perhaps a plane. Just smile and clap a lot and all will be well.

By the way, I can't help noticing how upbeat and sociable Ballroom Sunday has become. What a marvelous atmosphere in which to hold a dance!

Be sure to sign up for the Black Tie on September 18th where we can continue to eat and chat with old and new friends and polish off a perfect evening with lots of dancing.

Finally, our National Ballroom Dance Week Lessons is the perfect time to introduce someone to the wonderful world of ballroom dancing.

I look forward to seeing you at the YMCA in Clemmons on the 22nd! Bring a friend!

Enjoy the Dance, Tom Rucker



Black Tie Dinner Dance

The Big Event of our year is rapidly approaching – our annual Black Tie Dinner Dance. The event last year was such a success that we are repeating it this year. We'll have the same great floor in the same beautiful venue with the same wonderful caterers. DJ Craig has agreed to once again provide the outstanding dance music. Based on the comments from last year we'll have the same great friend, too! (Of course, ladies, it is quite acceptable to get a new gown for the occasion.) However, if you missed last year, we'll make room for you, too. Just use the reservation form inside and mail your reservation right away.

Dance Fashion Show

Our August Ballroom Sunday on August 22 is not a wedding, but it will feature something old, something new, something borrowed, and some beautiful dresses. We'll have a Dance Fashion Show after announcements. The Show will feature several ladies wearing vintage (with a past?) dresses as they dance a few seconds with their partners.

August Ballroom Sunday Sunday, August 22, 2010

It's the 4th Sunday of 5 in August!

**4:00 – 4:30 PM - Waltz Lesson
with James Williams
of The Dance Company**

General Dancing – 4:30 – 6:30 PM

Great Music by Hubert and Marcia Barney

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2010 at a Glance

Directions to Jerry Long Family YMCA, formerly the West Forsyth YMCA: From I-40 on the west side of Winston-Salem take the Clemmons exit. Go north away from downtown Clemmons. Turn left onto Peacehaven Road at the first traffic light not associated with I-40. Go less than ½ mile and the YMCA is on your left. Go in the main entrance to a great dance. YMCA: 1150 S. Peacehaven Road, Clemmons 27012

Welcome New Members:

Christa Mathis (right) has been planning to learn ballroom dancing and has decided to take action. Welcome, Christa!



Joel Edwards (left) and his partner **Beth Weatherman** are planning to “brush up” their skills on the dance floor with Piedmont NC USA Dance.

Liz Gilkey is a new dancer who looks forward to ballroom dancing.

Welcome Guests:

Please come again!

Two of our favorite guests, **Carol and Max Bumgarner**, danced with us again on July 25. **Alec and Gayle Wray** (below), experienced



dancers who are just getting back into “the swing of things” danced with us for the first time in July. We were delighted to see friends from Carolina

Heartland USA Dance and from Cincinnati USA Dance at our July Ballroom Sunday, also.

*Bring a guest to our August Ballroom Sunday!
Dancing is even more enjoyable when you share the fun with friends!*

August 22 – Waltz Lesson at 4 with James Williams of *The Dance Club*, Dance until 6:30
2010 Ballroom Sundays: August 22, September 26, October 24, November 28.
August 23 – September 20 – National Ballroom Dance Week Beginner Lessons, 8:15 – 9:15 PM
September 18 – Black Tie Dinner Dance Lexington Municipal Club
September 17 – 26 National Ballroom Dance Week
September 26 – Beginner’s Ball
November 28 – Annual Business Meeting and Holiday Premier Promenade

Footnotes:

Thank You to **Tom and Kathy Rucker** for another Gold contribution to our Friends and Sponsors Program!

Deepest sympathy to **Mike and Kathy Lewis** for the loss of his father Henry Lewis. Reverend Lewis was a well-known Moravian Minister in Winston-Salem for many decades.

Randy and Sherryl Peters’ Adult Bible Study Class at First Baptist Church just completed a 4-lesson beginner Swing session. If you are a member of a church, civic, or social organization that might be interested in conducting a similar program for any of the ballroom dances, contact Randy at piedmontncoutreach@triad.rr.com.

Beginner Lessons

Our Annual NBDW Beginner Lessons “Meet the Local Dance Community” will begin on Monday, August 23. This is a fabulous opportunity for new dancers to meet the local instructors and to learn five of the basic ballroom dances. Anyone who joins Piedmont NC USA Dance (and anyone – such as John & Karen Sykes, (rt.) who has joined in the past year) will receive these lessons free. Thanks to our wonderful dance instructors for their participation and support!



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Editorial:

Wish I'd Known That

Question: How do we sign-up for the refreshment committee for our dances?

Answer: We don't. Contributions of finger food to our Ballroom Sunday refreshment table are strictly voluntary. When you feel the urge to make or purchase some treat and share it with your dancing friends, please do. If food distracts you from the pleasures of the dance, then wait until another time to bring something. All edible contributions are appreciated and, contrary to Hubert and Helen's wishes, they do not have to contain chocolate. Tom likes things like little sandwiches (although he's even more impressed if it's on a pretty dish) and Rita likes gluten-free crackers and cheese or fruits or nuts. As long as Kathy brings the beautiful flowers I'm happy.

Question: How do I check out a video or DVD from our library and how long can I keep it?

Answer: Any member of Piedmont NC USA Dance can check out a video or DVD by simply removing the blue card inside the case, printing their name, telephone number and current date on the card. Give the card to the person at the registration table. The video or DVD can be kept until the next dance at no charge to the member. Return it at the next dance at the registration table. If you cannot attend the dance, return it by mail to the address on the case. In an emergency call the number listed on the case. Forgetting costs \$10 per month. If you lose a video or DVD, you will be expected to pay the replacement cost.

Question: How are our leaders chosen?

Answer: A very timely question! In the past our officers were chosen annually by election at our Annual Business Meeting in November. As of 2010 our chapter will have a 9-members Board elected every 2 years at our Annual Business Meeting. This is the year of change, we will have to merge the two concepts and change our Bylaws at the Annual Meeting this year. Stay tuned.

Truisms

- The dancer brings something beautiful to music without disrupting the beat.
- We are echoes of the dancers and dances to which we are exposed.
- The part of dancers that is most sensitive may be their feelings – be careful.
- Do your best to dance up to your ability.
- For me, dancing represents the real luxury of life.
- Good dancers have 2 special bones: a wishbone and a funny bone.
- How easy to be happy in the middle of music and dance.
- A dance today is worth two tomorrow.
- The only reason to do a dance step is for the joy of it.
- You don't need or have to be a flawless partner to enjoy the dance.
- Sometimes just let your muscles dance while your brain takes a break.
- In dance you can get better without ever being sick.
- I cannot control what my partner does. I can control what I do.
- To fully appreciate a great and beautiful dance may require as much time as creating it.
- To dance like a butterfly practice like a bee.
- I dance, therefore I am.

Special Invitations:

Mtn. Empire USA Dance

– Third Saturday of each month usually at Rural Retreat Community Center with Lesson @ 7:30, Dance 8:30 – 11 PM. Info: (276) 783-5402. \$7.50 members, \$10 guests.



Winston-Salem Dance Club – First Sat of month, 8 – 10:30 PM, South Fork Community Center. Dressy casual attire.

Carolina Heartlands USA Dance - Second Sunday. 5:00 – 7:30 PM, Skateland USA West, Stage Coach Trail in Greensboro. Also most second (next July 10) Saturday nights in Mount Airy for the Mayberry Ballroom Dance at the Pro Health Fitness Center. 7:00 until 10:30. Confirm at:336-374-2712 or 276-755-3072.

The **Vision Band** will be at the Silver Spoon Restaurant at Silver Dollar Music Park on Sat. August 21. Dinner at 6, Dance at 8 PM.

- Ø To all who helped with the greeting and refreshments at our July Ballroom Sunday: Roger & Cindy Caudle, Gene & Donna McDonald, Tom & Kathy Rucker, Rita Crews, Dick & Helen Heck, Scotty Michaelsen & Pat Willis, Randy & Sherryl Peters, and the Barneys.
- Ø Thanks to all (*such as Randy and Sherryl Peters, left*) who bring a wonderful attitude and a love of dance to our Ballroom Sundays!

Hear Ye, Hear Ye!

We'll add another Dance Vision video and DVD to our library on August 22: *Turns and Spins in Style with Shirley Ballas* DVD (replaces the much worn video version) and *Bossa Nova (Beginning-Advanced)* by Chris Morris video.

Be sure to pass the enclosed National Ballroom Dance Week **Beginner Lessons Flyer** along to someone who might, should, or could be interested in learning to dance.

Bring a smile, a friend(s) and a snack to share to our
August 22 Ballroom Sunday.

*See you at the
Jerry Long Family YMCA
on the 27th – 4:00 P M
For another great Ballroom Sunday Dance!
Dressy casual attire.*

*Remember:
It's the 4th Sunday of 5 This Month.*

Check our fabulous web site:
www.ballroom-dancing.org
for regular dance opportunities, registration forms,
and other valuable information.

Notes of Appreciation:

- Ø To Marcia Barney for the truly ballroom Mambo line dance at our July Ballroom Sunday.
- Ø To our terrific Webmaster John Clark for his continued interest and assistance.
- Ø To the incomparable Hubert Barney for assistance with camera, proofing, inspiration, and truism input. To both Barneys for our wonderful Ballroom Sunday music.

"Ballroom Beat"

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